

8/29/2022	8/30/2022	8/31/2022	9/1/2022	9/2/2022	9/3/2022	9/4/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage	Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries	Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	French Toast	Chocolate Chip Pancakes
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
					Veggie & Cheese Frittata	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Italian Sausage Sub	Turkey Club Sandwich	Sloppy Joes	Chicken Fajitas	Pork Banh Mi	Chef's Choice	Chef's Choice
Vegan Italian Sausage Sub	(V)Tofu Club Sandwich	(V) Tofu Club Sandwich	(V) Daring Chicken Fajitas	Chicken Banh Mi	Salad Bar	Salad Bar
Spiral Fries	Sweet Potato Fries	Tater Tots	Crinkle-Cut Fries	(V) Marinated Tofu Banh Mi		
Antipasto Salad	Sauteed Greens	Potato Skins	Sauteed Onions & Peppers	Spicy Cucumber Salad		
Green Beans w/ Red Peppers	Coleslaw	Roasted Cauliflower	Southwest Corn & Black Beans	Sticky Rice		
Caesar Salad	Cucumber Salad	Tortilla Chips	Avocado-Kale Salad	Spring Rolls		
Salad Bar	Salad Bar	Cheese	Salad Bar	Egg Rolls		
		Salad Bar		Salad Bar		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Stroganoff	Taco Night w/All The Fixins!	Pasta Night!	Fried Clam Strips	Thai Basil Chicken	Mac & Cheese Bar w/All The Fixins'	Assorted Dumplings
(V) Seitan Stroganoff	Beef	Cheese Ravioli	Chicken Tenders	(V) Tofu & Cabbage w/Coconut Curry	Standard Baked Mac & Cheese	(V) Fried Rice
Egg Noodles	Chicken	(V) Ravioli	(V) Fried Tofu	(V) Drunken Noodles	(V) Baked Mac & Cheese	(V) Vegetable Stir-Fry
Roasted Brussels Sprouts	Tofu	Assorted Sauces	Old Bay Fries	Jasmine Rice	Roasted Chicken Thighs	Teriyaki Chicken
Roasted Potatoes	Black Beans	Vegetable Medley	Lexington Red Slaw	Sauteed Greens	Garlic-Glazed Carrots	Marinated & Baked Tofu
Roasted Summer Squash	Sazon Rice	Steak Fries w/ Italian Herbs	Roasted Cauliflower	Thai Crunchy Slaw	Fried Pickles	Vegetable Lomein
	Chips & Salasa	Garlic Bread	Assorted Sauces		Sauteed Swiss Chard	Assorted Dipping Sauces
	Sauteed Greens				Roasted Potatoes	

9/5/2022	9/6/2022	9/7/2022	9/8/2022	9/9/2022	9/10/2022	9/11/2022
Galactic Brunch	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs
	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
	Turkey Sausage	Pork Bacon	Turkey Sausage	Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
	Home Fries	Hash Browns	Home Fries	Hash Browns	Pork Bacon	Turkey Sausage
	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Waffles	Blueberry Pancakes
	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
					Veggie & Cheese Frittata	Hash Browns
					Home Fries	
Lunch 11 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Chef's Choice	Chicken Gumbo	Corned Beef Reuben	Chicken Quesadillas	Greek Chicken	Chef's Choice	Chef's Choice
Salad Bar	(V) Vegetable Gumbo	(V) Tofu Reuben	Steak Quesadillas	(V) Greek Tofu	Salad Bar	Salad Bar
	Dirty Rice	Waffle Fries	(V)Tempeh Quesadilla	Hummus & Baba Ghanoush		
	Collard Greens	(V) Baked Beans	Fiesta Rice	Pita		
	Fried Plantains	Roasted Broccoli	Mixed Bean Salad	Assorted Pickles		
	Fried Okra	Salad Bar	Tortilla Chips & Salsa	Shepherd's Salad		
	Salad Bar		Sauteed Greens	Greek Salad		
			Salad Bar	Tortilla Chips		
				Salad Bar		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Burger Bar w/All the Fixins'!	Taco Night w/All The Fixins!	Pasta Night!	New England Boiled Dinner	Kielbasa	General Tso's Chicken	Breakfast For Dinner!
Beef Burger	Fried Fish	Meatballs	Braised Corned Beef	Roasted Chicken	General Tso's Fried Tofu	Scrambled Egg Bar w/ All The Fixins'
(V) Impossible Burger	Chicken	(V) Meatballs	(V) Corned Tofu	Pierogies	Ramen Noodles w/Broth & Fixins'	Vegan Veggie Scramble
Spiral Fries	Refried Beans	Selected Pasta	Red Bliss Potatoes	Vegan Stuffed Cabbage casserole	(V) Fried Rice	Bacon
Coleslaw	Jalapeno Poppers	Assorted Sauces	Carrots	Sour Cream & Homemade Applesauce	Vegetable Stir-Fry	Plant-Based Sausage
Sauteed Kale	Chipotle Caesar Salad	Sauteed Spinach & Artichokes	Braised Cabbage	Caramelized Cabbage	Sauteed Greens	French Toast Sticks
Pasta Salad	Tortilla Chips & Salsa	Steak Fries	Peas	Roasted Potatoes	Spring Rolls	Corned Beef Hash
Watermelon	Queso	Garlic Bread	Steak Fries	Quick-Pickled Cucumbers		Home Fries

9/12/2022	9/13/2022	9/14/2022	9/15/2022	9/16/2022	9/17/2022	9/18/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage	Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries	Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	French Toast Sticks	Apple-Cinnamon Pancakes
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
					Veggie & Cheese Frittata	Home Fries
					Hash Browns	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Doner Chicken Kabob	Hot Dogs	Fried Fish	Muffaletta Sandwiches	Cuban Sandwich	Chef's Choice	Chef's Choice
(V) Doner-Style Tofu	(V) Hot Dogs	Popcorn Shrimp	Portabella Muffaletta	(V) Roasted Tofu Cuban Sandwich	Salad Bar	Salad Bar
Jewelled Rice	All The Fixins'!	(V) Fried Tofu	Broccoli w/Lemon & Dill	Fried Plantains		
Scalloped Potatoes	(V) Baked Beans	Old Bay Seasoned Fries	Tomato-Mozzarella Salad	Mango-Citrus Salad		
Sauteed Greens	Coleslaw	Classic Coleslaw	Spiral Fries	Caribbean Braised Black Beans		
Herb & Shallot-Roasted Tomatoes	French Fries	Carrots	Chardini	Sauteed Zucchini & Summer Squash		
Salad Bar	Roasted Vegetables	Green Beans w/Shallots	Salad Bar	Salad Bar		
	Salad Bar	Salad Bar				
		Assorted Sauces				
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Indian Night!	Taco Night w/All The Fixins!	Pasta Night!	Chili Bar Night w/All The Fixins!	Herb-Baked Salmon	Slow-Roasted Beef Brisket	Shepherd's Pie
Chicken Tikka	Beef	Cheese Ravioli	Beef Chili	Roasted Chicken Thighs	Braised Tempeh	(V) Gardener's Pie
(V) Chana Masala	(V) Tofu Enchiladas	Vegan Ravioli	Chicken Chili	(V) Herb-Baked Marinated Tofu	Roasted Potatoes	French Fries
Saffron Basmati Rice	Spanish Rice	Assorted Sauces	(V) Veggie Chili	Garlic & Olive oil Pasta	Roasted Cauliflower	Green Beans
Saag w/Curry-Roasted Tofu	Vegetable Medley	Eggplant Parmesan Bake	Sazon Rice	Roasted Broccoli	Sauteed Greens	Roasted Butternut Squash
Vegetable Bhaji	Black Beans	Roasted Cauliflower	Potato Skins	Edamame	Cornbread	Salad Bar
Raita	Taco-Seasoned Krinkle-Cut Fries	Sauteed Greens	Roasted Beets	Mashed Potatoes	Assorted BBQ Sauces	
Naan		Garlic Bread	Sauteed Greens	Assorted Sauces		

9/19/2022	9/20/2022	9/21/2022	9/22/2022	9/23/2022	9/24/2022	9/25/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage	Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries	Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Waffles	Apple-Cinnamon Pancakes
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
					Veggie & Cheese Frittata	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Philly Cheesesteak Sub	Turkey Burger	Pesto,Chicken,Rstd Pepper Panini	Baked Potato Bar!	Build Your Own Sandwich Bar!	Chef's Choice	Chef's Choice
(V) Philly-Style Seitan Sub	(V) Black Bean Burger	(V) Pesto,Portabella,Rstd Pepper Panini	Chicken	Assorted Breads, Proteins & Cheeses	Salad Bar	Salad Bar
Sauteed Onions, Peppers	Waffle Fries	Garlic Tater Tots	Bacon	All The Fixins'		
Sauteed Mushrooms	Massaged Kale Salad	Parmesan Cheese	Tempeh	French Fries		
Assorted Cheeses	Grean Beans	Caprese Salad w/Balsamic Glaze	Cheese Sauce	Tortilla Chips w/ Salsa & Guacamole		
Seasoned Fries	Fixins' Bar	Sateed Spinch & Onions	Broccoli	Sauteed Greens		
Sweet Fries	Chips & Salsa	Salad Bar	Brown Rice	Salad Bar		
Sauteed Zucchini	Guacamole		All The Fixins!			
Salad Bar	Salad Bar		Salad Bar			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Filipino Adobo Chicken	Taco Night w/All The Fixiins'	Pasta Night!	New England Harvest Dinner!	Pizza Night & Appetizer Night!	Pulled Pork	Roasted Bone-in Chicken
(V) Pancit w/ Roasted Tofu	Beef	Spaghetti		Assorted Naan-Bread Pizzas	Pulled Chicken	(V) Daring Plant-Based Nuggets
Sticky Jasmine Rice	Chicken	stuffed Manicotti		Wings	(V) Pulled Daring Chicken	Rice Pilaf
Lemongrass-Ginger Slaw	Tofu	Marinara		Onion Rings	Mashed Potatoes	Roasted Sweet Potatoes
Roasted Broccoli w/Shallots & Garlic	Spanish Rice	Beef Bolognaise		Mozzarella Sticks	Lexington Red Coleslaw	Roasted Broccoli
Thai Seasined Fries	Braised Beans	Alfredo		Mac & Cheese Bite	Cornbread	Caesar Salad
Salad Bar	Tortilla Chips & Salsa	Vegetable Medley		Caesar Salad	Garlic-Wilted Spinach	
	Sauteed Greens	Italian Herbed Steak Fries		Green Beans w/Carrot & Shallot	Assorted Sauces	

			Assorted Sauces		
--	--	--	-----------------	--	--