

9/25/2022	9/26/2022	9/27/2022	9/28/2022
Breakfast	Breakfast	Breakfast	Breakfast
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins
Lunch	Lunch	Lunch	Lunch
	Turkey Club Sandwich	Sloppy Joes	Chicken Fajitas
	(V)Tofu Club Sandwich	(V) Tofu Club Sandwich	(V) Daring Chicken Fajitas
Spiral Fries	Sweet Potato Fries	Tater Tots	Crinkle-Cut Fries
Antipasto Salad	Sauteed Greens	Potato Skins	Sauteed Onions & Peppers
Green Beans w/ Red Peppers	Coleslaw	Roasted Cauliflower	Southwest Corn & Black Beans
Caesar Salad	Cucumber Salad	Tortilla Chips	Avocado-Kale Salad
Salad Bar	Salad Bar	Cheese	Salad Bar
		Salad Bar	
Dinner	Dinner	Dinner	Dinner
Beef Stroganoff	Taco Night w/All The Fixins!	Pasta Night!	Fried Clam Strips
(V) Seitan Stroganoff	Beef	Cheese Ravioli	Chicken Tenders
Egg Noodles	Chicken	(V) Ravioli	(V) Fried Tofu
Roasted Brussels Sprouts	Tofu	Assorted Sauces	Old Bay Fries
Roasted Potatoes	Black Beans	Vegetable Medley	Lexington Red Slaw
Roasted Summer Squash	Sazon Rice	Steak Fries w/ Italian Herbs	Roasted Cauliflower
	Chips & Salasa	Garlic Bread	Assorted Sauces
	Sauteed Greens		

10/2/2022	10/3/2022	10/4/2022	10/5/2022
	Breakfast	Breakfast	Breakfast
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs
Potatoes	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Veggie Scramble	Turkey Sausage	Pork Bacon	Turkey Sausage
Plant-Based Protein	Home Fries	Hash Browns	Home Fries
Cut Fruit	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage
Assorted Pastries	Cut Fruit	Cut Fruit	Cut Fruit
Bagels & English Muffins	Assorted Pastries	Assorted Pastries	Assorted Pastries
	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins
Lunch 11 a.m.	Lunch	Lunch	Lunch
Chef's Choice	Chicken Gumbo	Corned Beef Reuben	Chicken Quesadillas
Salad Bar	(V) Vegetable Gumbo	(V) Tofu Reuben	Steak Quesadillas
	Dirty Rice	Waffle Fries	(V) Tempeh Quesadilla
	Collard Greens	(V) Baked Beans	Fiesta Rice
	Fried Plantains	Roasted Broccoli	Mixed Bean Salad
	Fried Okra	Salad Bar	Tortilla Chips & Salsa
	Salad Bar		Sauteed Greens
			Salad Bar
Dinner	Dinner	Dinner	Dinner
Burger Bar w/All the Fixins'!	Taco Night w/All The Fixins!	Pasta Night!	Chicken Tagine w. Raisins & Chickpeas
Beef Burger	Fried Fish	Meatballs	Butternut & Cauliflower Tagine
(V) Impossible Burger	Chicken	(V) Meatballs	Herbed Couscous
Spiral Fries	Refried Beans	Selected Pasta	Honey carrots
Coleslaw	Jalapeno Poppers	Assorted Sauces	Sauteed Greens
Sauteed Kale	Chipotle Caesar Salad	Sauteed Spinach & Artichokes	Fries w. Harissa Ketchup

Pasta Salad	Tortilla Chips & Salsa	Steak Fries	Pita
Watermelon	Queso	Garlic Bread	
10/9/2022	10/10/2022	10/11/2022	10/12/2022
Breakfast	Breakfast	Breakfast	Breakfast
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins
Lunch	Lunch	Lunch	Lunch
Doner Chicken Kabob	Hot Dogs	Fried Fish	Muffaletta Sandwiches
(V) Doner-Style Tofu	(V) Hot Dogs	Popcorn Shrimp	Portabella Muffaletta
Jewelled Rice	All The Fixins'!	(V) Fried Tofu	Broccoli w/Lemon & Dill
Scalloped Potatoes	(V) Baked Beans	Old Bay Seasoned Fries	Tomato-Mozzarella Salad
Sauteed Greens	Coleslaw	Classsic Coleslaw	Spiral Fries
Herb & Shallot-Roasted Tomatoes	French Fries	Carrots	Chardini
Salad Bar	Roasted Vegetables	Green Beans w/Shallots	Salad Bar
	Salad Bar	Salad Bar	
		Assorted Sauces	
Dinner	Dinner	Dinner	Dinner
Indian Night!	Taco Night w/All The Fixins!	Pasta Night!	Chili Bar Night w/All The Fixins!
Chicken Tikka	Beef	Cheese Ravioli	Beef Chili
(V) Chana Masala	(V) Tofu Enchiladas	Vegan Ravioli	Chicken Chili

Saffron Basmati Rice	Spanish Rice	Assorted Sauces	(V) Veggie Chili
Saag w/Curry-Roasted Tofu	Vegetable Medley	Eggplant Parmesan Bake	Sazon Rice
Vegetable Bhaji	Black Beans	Roasted Cauliflower	Potato Skins
Raita	Taco-Seasoned Krinkle-Cut Fries	Sauteed Greens	Roasted Beets
Naan		Garlic Bread	Sauteed Greens
10/16/2022	10/17/2022	10/18/2022	10/19/2022
Breakfast	Breakfast	Breakfast	Breakfast
Fried Eggs	Scrambled Eggs	Fried Eggs	Scrambled Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Turkey Sausage	Pork Bacon	Turkey Sausage
Hash Browns	Home Fries	Hash Browns	Home Fries
Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage	Plant-Based Sausage
Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins	Bagels & English Muffins
Lunch	Lunch	Lunch	Lunch
Beef Bulgogi	California Turkey Burger	Pesto,Chicken,Roasted Pepper Panini	Classic Beef Patty Melt
Tofu Bulgogi	(V) California Black Bean Burger	(V) Pesto,Portabella,Rstd Pepper Panini	(V) Portabella Patty Melt
Lettuce & Pickles + Gochujang aioli	Waffle Fries	Pasta Salad	Tater tots
Dumplings	Massaged Kale Salad	Potato Salad	Wedge Salad
Sticky Rice	Green Beans	Caprese Salad w/Balsamic Glaze	Green Beans
Sweet Chili Slaw	Quinoa	Sauteed Spinach & Onions	Braised white Beans
Broccoli		Salad Bar	Tomato Soup
Dinner	Dinner	Dinner	Dinner

Filipino Adobo Chicken	Taco Night w/All The Fixins'	Pasta Night!	Stir Fry Shrimp & Broccoli
(V) Pancit w/ Roasted Tofu	Beef	Spaghetti	Stir Fry Tofu & Broccoli
Sticky Jasmine Rice	Chicken	Stuffed Manicotti	Fried Rice
Lemongrass-Ginger Slaw	Tofu	Marinara	Veggie Lomein
Roasted Broccoli w/Shallots & Garlic	Spanish Rice	Beef Bolognese	Steamed Edamame
Thai Seasined Fries	Braised Beans	Alfredo	Dumplings
Salad Bar	Tortilla Chips & Salsa	Vegetable Medley	
	Sauteed Greens	Italian Herbed Steak Fries	

9/29/2022	9/30/2022	10/1/2022
Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	French Toast	Chocolate Chip Pancakes
Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
	Veggie & Cheese Frittata	
Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Pork Banh Mi	Chef's Choice	Chef's Choice
Chicken Banh Mi	Salad Bar	Salad Bar
(V) Marinated Tofu Banh Mi		
Spicy Cucumber Salad		
Sticky Rice		
Spring Rolls		
Egg Rolls		
Salad Bar		
Dinner	Dinner	Dinner
Thai Basil Chicken	Mac & Cheese Bar w/All The Fixins'	Assorted Dumplings
(V) Tofu & Cabbage w/Coconut Curry	Standard Baked Mac & Cheese	(V) Fried Rice
(V) Drunken Noodles	(V) Baked Mac & Cheese	(V) Vegetable Stir-Fry
Jasmine Rice	Roasted Chicken Thighs	Teriyaki Chicken
Sauteed Greens	Garlic-Glazed Carrots	Marinated & Baked Tofu
Thai Crunchy Slaw	Fried Pickles	Vegetable Lomein
	Sauteed Swiss Chard	Assorted Dipping Sauces
	Roasted Potatoes	

10/6/2022	10/7/2022	10/8/2022
Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	Waffles	Blueberry Pancakes
Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
	Veggie & Cheese Frittata	Hash Browns
	Home Fries	
Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Greek Chicken	Chef's Choice	Chef's Choice
(V) Greek Tofu	Salad Bar	Salad Bar
Hummus & Baba Ganouj		
Pita		
Assorted Pickles		
Shepherd's Salad		
Greek Salad		
Tortilla Chips		
Salad Bar		
Dinner	Dinner	Dinner
Kielbasa	General Tso's Chicken	Breakfast For Dinner!
Roasted Chicken	General Tso's Fried Tofu	Scrambled Egg Bar w/ All The Fixins'
Pierogies	Ramen Noodles w/Broth & Fixins'	Vegan Veggie Scramble
Sour Cream & Homemade Applesauce	(V) Fried Rice	Bacon
Caramelized Cabbage	Vegetable Stir-Fry	Plant-Based Sausage
Roasted Potatoes	Sauteed Greens	French Toast Sticks

Quick-Pickled Cucumbers	Spring Rolls	Corned Beef Hash
		Home Fries
10/13/2022	10/14/2022	10/15/2022
Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	French Toast Sticks	Apple-Cinnamon Pancakes
Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
	Veggie & Cheese Frittata	Home Fries
	Hash Browns	
Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Cuban Sandwich	Chef's Choice	Chef's Choice
(V) Roasted Tofu Cuban Sandwich	Salad Bar	Salad Bar
Fried Plantains		
Mango-Citrus Salad		
Carribbean Braised Black Beans		
Sauteed Zucchini & Summer Squash		
Salad Bar		
Dinner	Dinner	Dinner
Herb-Baked Salmon	Slow-Roasted Beef Brisket	Turkey Shepherd's Pie
Roasted Chicken Thighs	Braised Tempeh	(V) Gardener's Pie
(V) Herb-Baked Marinated Tofu	Roasted Potatoes	French Fries

Garlic & Olive oil Pasta	Roasted Cauliflower	Green Beans
Roasted Broccoli	Sauteed Greens	Roasted Butternut Squash
Edamame	Cornbread	Salad Bar
Mashed Potatoes	Assorted BBQ Sauces	
Assorted Sauces		
10/20/2022	10/21/2022	10/22/2022
Breakfast	Brunch	Brunch
Fried Eggs	Scrambled Eggs	Fried Eggs
Vegan Veggie Scramble	Vegan Veggie Scramble	Vegan Veggie Scramble
Pork Sausage	Plant-Based Sausage	Plant-Based Sausage
Hash Browns	Pork Bacon	Turkey Sausage
Plant-Based Sausage	Waffles	Apple-Cinnamon Pancakes
Cut Fruit	Cut Fruit	Cut Fruit
Assorted Pastries	Assorted Pastries	Assorted Pastries
Bagels & English Muffins	Bagels, English Muffins & Croissants	Bagels, English Muffins & Croissants
	Veggie & Cheese Frittata	
Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Build Your Own Sandwich Bar!	Chef's Choice	Chef's Choice
Assorted Breads, Proteins & Cheeses	Salad Bar	Salad Bar
All The Fixins'		
French Fries		
Tortilla Chips w/ Salsa & Guacamole		
Sauteed Greens		
Salad Bar		
Dinner	Dinner	Dinner

Pizza Night & Appetizer Night!	Pulled Pork	Roasted Bone-in Chicken
Assorted Naan-Bread Pizzas	Pulled Chicken	(V) Daring Plant-Based Nuggets
Wings	(V) Pulled Daring Chicken	Rice Pilaf
Onion Rings	Mashed Potatoes	Roasted Sweet Potatoes
Mozzarella Sticks	Lexington Red Coleslaw	Roasted Broccoli
Mac & Cheese Bite	Cornbread	Caesar Salad
Caesar Salad	Garlic-Wilted Spinach	
Buffalo Cauliflower	Assorted Sauces	
Assorted Sauces		