

Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels, english muffins	Bagels, eng. muffins
Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	Veggie& cheese frittata	Home fries
					Hash browns	croissants
					croissants	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Beef burgers (halal)	Kielbasa beef & pork	Pork bahn mi	Baked potato bar	Turkey rueben	Chef's choice	Chef's choice
Vegan burgers	Lazy mans perogi	Chicken bahn mi (halal)	(v) Tempeh crumble	Vegan tempeh rueben		
French fries	Braised white beans	(v) Marinated tofu bahn mi	Shredded beef (halal)	French fries		
Mac & cheese bites	Baby cakes	Sticky rice	assorted toppings	Mashed potatoes		
Sauteed spinach	Sauteed cabbage	Kimchi	Steamed broccoli	Steamed broccoli		
Peas & carrots	Sour cream	Green beans & peppers	Rice	Steamed veggie medley		
soup	Brussel sprouts	Coleslaw (vietnamese)	Cheese sauce	soup		
assorted fry toppings	Mustard	soup	roasted butternut			
	Borscht (vegan)		soup			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Indian night!	Taco night!	Pasta night!	Turkish night!	Herb baked chicken (halal)	Beef lasagna (halal)	Thai basil chicken (halal)
Butter chicken	Fish tacos/Chicken tacos (halal)	Rotini pasta	(halal) Beef Tas Kabab	(v) Herb baked tofu	(v) Impossible pasta bake	(v) Curried tofu & cabbage
Tempeh tikka masala (vegan)	(v) Tofu tacos	Alfredo	Vegan impossible kofta	Garlic & olive oil pasta	Steamed carrots	Vegan drunken noodles
Saffron basmati rice	elote bites	Marinara	Turkish stewed green beans	Steamed broccoli	Garlic and olive oil pasta	Jasmine rice
Veggie biryani	Refried beans	(v) Polenta	Red lentil, rice & bulgar	Steamed edamame	Steamed cauliflower	Sauteed napa cabbage
Samosas	sazon rice	Bolognese (halal)	Roasted veggie kabab	Mashed potatoes	Bread sticks	Sesame noodles
Garlic buttered naan	Sauteed greens	Roasted root veggies	Tatziki	Assorted sauces		Thai style peppers & broccoli
Mango chutney	Chips & salsa	Sauteed swiss chard	White rice			
Tofu style saag	Taco toppings	Garlic knots				
2/20/23	2/21/23	2/22/23	2/23/23	2/24/23	2/25/23	2/26/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Fried eggs	Scrambled eggs	Breakfast croissant sandwich	Breakfast burrito	Fried egg	Veggie& cheese frittata	Fried eggs
Vegan veggie scramble	Vegan veggie scramble	Vegan veggie sandwich	Vegan veggie burrito	Vegan veggie scramble	Vegan veggie scramble	Vegan veggie scramble
Pork sausage	Turkey sausage	Pork bacon	Turkey sausage	Pork sausage	Plant-based sausage	Plant-based sausage
Hash browns	Home fries	Hash browns	Home fries	Hash browns	Pork bacon	Turkey sausage
Plant-based sausage	Plant-based sausage	Plant-based sausage	Plant-based sausage	Plant-based sausage	Waffles	Apple-cinnamon pancakes
Cut fruit	Cut fruit	Cut fruit	Cut fruit	Cut fruit	Cut fruit	Cut fruit
Assorted pastries	Assorted pastries	Assorted pastries	Assorted pastries	Assorted pastries	Assorted pastries	Assorted pastries
Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels & english muffins	Bagels, english muffins	Bagels, english muffins
Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	Breakfast toppings bar	croissants	croissants
waffles	pancakes			frenc toast sticks		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
French bread pizzas	Chicken shawarma (halal)	Spaghetti	Sandwich day!	corned beef rueben (halal)	Chef's choice	Chef's choice
Cauliflower pizza	Lenitl mualla	Meatballs	Deli meats	(v) Impossible sloppy joes		
Tricolored pasta	Hummus & tahini sauce	Vegan meatballs	halal chicken	Buns		
Tater tots	Parsled rice	Marinara	Sun butter & jelly sandwich	Steamed carrots		
roasted garlic herb eggplant	Steamed cauliflower	Sauteed greens	French fries	Veggie medley		
Steamed broccoli	Steak fries	Roasted carrots	Assorted bread & toppings	French fries		
Marinara	Pita	Garlic bread	Vegetable medley	Rice		
soup	soup	soup	soup	soup		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef bulgogi	Taco Night!	Mardi Gras	General Tso's Tofu	Baked Salmon	Cidar braised pork	Swedish meatballs
(v) Tempeh bulgogi	Beef taco (halal)	Creole chicken in sauce (halal)	General Tso's chicken (halal)	Vegan doner style tofu	(v) BBQ seitan	Vegan swedish meatballs
Green leaf lettuce & pickles	Chicken taco (halal)	Creole sausage in sauce	(v) Herb baked tofu	Jewelled rice	BBQ chicken thighs (halal)	pasta
Dumplings	(v) Tofu taco	Vegan roasted tofu jambalaya	Sesame noodles	Scalloped potatoes	Roasted potatoes	Steamed green beans
Assorted sauces	Fiesta rice	dirty rice	Sticky rice	Sauteed greens	red beans and rice	Garlic lemon broccoli
Sesame carrots	Taco french fries	Hush puppies	Sauteed bok choy	Roasted tomato w/herb	Sauteed swiss chard	Mashed potato
	Black beans	corn & pepper maque choux	Teriyaki veggies		Roasted root veggies	rice
	Taco toppings		Spring rolls			
	Sauteed Spinach					