

8/21/23	8/22/23	8/23/23	8/24/23	8/25/23	8/26/23	8/27/23
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs
tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble
home fries	hash browns	home fries	hash browns	home fries	hash browns	home fries
Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)
Waffles	pancakes	french toast sticks	waffles	pancakes	french toast sticks	waffles
Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup
morningstar	morningstar	morningstar	morningstar	morningstar	morningstar	morningstar
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
turkey sausage	bacon	turkey sausage	bacon	turkey sausage	bacon	turkey sausage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
baked potato bar	Burger Bar	fried chicken	vegetable fried rice (vegan)	beef quesadilla (halal)	Naan pizza-cheese	Greek Chicken
roasted tofu	Impossible Burger	fried vegan chicken	diced soy tossed chicken	Cheese quesadilla	Naan pizza-pepperoni	(V) Greek Tofu
beef chili (for a topping)	Assorted toppings	tator tots	scrambled eggs	black beans	Naan pizza-veggie	Hummus & Baba Ganouj
assorted toppings	french fries	steamed veggie medley	diced soy tossed tofu	(v) Tempeh quesadilla	Vegan/GF pizza	Pita
roasted cauliflower with red pep	steamed Broccoli	onion rings	steamed green beans	yucca fries	baked chicken	Assorted Pickles
cheese sauce	rolls		ginger soy noodles	Fiesta rice	French fries	Shepherd's Salad
chefs choice side*	chefs choice side*	chefs choice side*	chefs choice side*	Sauteed greens	Brussel sprouts	french fries
soup	soup	soup	soup	soup		Tortilla Chips
rice	rice	rice	rice	rice		
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>			<b>Dinner</b>
Mac & cheese	<b>Taco Tuesday at the DC</b>	<b>Pasta Wednesday at the DC</b>	<b>Indian night!</b>	Herb baked chicken	General Tso's Tofu	<b>Breakfast For Dinner!</b>
Vegan mac & cheese	beef taco	spagetti	chicken tikka masala	(v) Herb baked tofu	General Tso's chicken (halal)	Scram. Egg Bar w/ All The Fixins'
GF mac & cheese	tofu taco	meatballs	Tempeh tikka masala (vegan)	Garlic & olive oil pasta	Spring rolls	Vegan Veggie Scramble
french fries	refried beans	vegan meatballs	Saffron basmati rice	Braised Greens	Sesame noodles	Bacon
Marinara	sazon rice	marinara	Veggie biryani	fried Edamame	Sticky rice	Plant-Based Sausage
sauteed spinach	roasted veg medley	roasted squashes	Samosas	Mashed potatoes	Sauteed bok choy	French Toast Sticks
assorted toppings	chips, salsa, assorted sides	garlic bread knots	Garlic buttered naan	Assorted sauces	Teriyaki veggies	Chicken Hash
	hard, soft shells		Mango chutney			tator tots
						waffles and berries
8/28/23	8/29/23	8/30/23	8/31/23	9/1/23	9/2/23	9/3/23
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs	scrambled eggs
tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble	tofu scramble
home fries	hash browns	home fries	hash browns	home fries	hash browns	home fries
Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)	Bagels & Cream Cheese (STD,V)
Waffles	pancakes	french toast sticks	waffles	pancakes	french toast sticks	waffles
fruit and yogurt bar	fruit and yogurt bar	fruit and yogurt bar	fruit and yogurt bar	fruit and yogurt bar	fruit and yogurt bar	fruit and yogurt bar
morningstar	morningstar	morningstar	morningstar	morningstar	morningstar	morningstar
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
turkey sausage	bacon	turkey sausage	bacon	turkey sausage	bacon	turkey sausage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken , Broccoli, Ziti Alfredo	braised chicken tinga	orange sauce chicken	Pesto,Chicken,Rstd Pep	Baked Herb Chicken	Beef lasagna (halal)	Chicken shawarma (halal)
(V) "Chicken" Broccoli Alfredo	smokey tempeh	Tempeh in organge sesame	(V)Pesto, tofu, rstd Pep	Vegan Chicken Nuggets	(v) Impossible pasta bake	Lenitl mualla
Pasta w/ Marinara Sauce	braised black beans	Soba Sesame	Garlic Tater Tots	Orzo Salad w. red onion, cucumber, olives	Steamed carrots	Hummus & tahini sauce
Roasted Oregano Tomatoes	assorted sides	rice	pita bread	Sauteed Green Beans	Garlic and olive oil pasta	Parsled rice
Garlic Bread	street corn salad	Roasted Veggies		Baked Potatoes	roasted cauliflower	veg medley
Green Beans	quinoa and avacado salad	bok choy	Sateed Spinch & Onions	Roasted Root Veggies	garlic bread	fries
chefs choice side*	sazon rice	chefs choice side*	chefs choice side*	chefs choice side*		Pita
soup	soup	soup	soup	soup		
rice	rice	rice	rice	rice		
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>			<b>Dinner</b>
Pulled Pork	<b>Enchilada Night</b>	<b>Pasta Night</b>	Kielbasa	Herb-Baked Salmon	<b>Chili Bar Night w/All The Fixins!</b>	Thai Basil Chicken
Pulled Chicken	Beef lazy enchiladas	stuffed Manicotti	Roasted Chicken	Roasted Chicken Thighs	Beef Chili	(V)Tofu/Cabbage w/Coco. Curry
(V) Pulled Daring Chicken	(V) Tofu lazy Enchiladas	Marinara	Pierogies	(V) Herb-Baked/Mari. Tofu	(V) Veggie Chili	(V) Drunken Noodles
Mashed Potatoes	Spanish Rice	Beef Bolognaise	(V) Lazy Golombki	Garlic & Olive oil Pasta	Sauteed Greens	Jasmine Rice
Lexington Red Coleslaw	Vegetable Medley	Alfredo	bbq tempeh	steamed Broccoli	Sazon Rice	Sauteed Greens
Cornbread	Black Beans	Vegetable Medley	Applesauce	Assorted Sauces	french fries	Thai Crunchy Slaw
Garlic-Wilted Spinach	Taco-Seasoned Fries	Italian Herbed Steak Fries	Quick-Pickled Cucumbers	Mashed Potatoes	assorted toppings	
Assorted Sauces		tricolor pasta in EVOO	Roasted Potatoes			