Path to Purpose: A Div by Div Guide

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SPARC created this guide to suggest action steps, provide resources, and nurture connections to help you develop a sense of purpose along your academic and life path. We offer these tools to help you navigate your unique journey, optimize the resources available <u>to develop essential</u> <u>workplace skills</u> and provide direction as you launch toward your life after Hampshire, wherever that takes you. **Remember:** You can always <u>schedule an appointment with a SPARC career</u> <u>counselor</u> to discuss how to best apply this roadmap to your individual path.

For each of the **suggested** actions outlined below, we've curated some desired outcomes.

<mark>Div l</mark>

- Explore work-study opportunities <u>on-campus</u> and <u>off campus</u>
 - Gain real world experience to add to your resume
 - Cultivate teamwork, accountability, and communication skills
- Attend Hampfest and join student clubs that align with your interests
- Develop community, as well as teamwork and leadership skills
- U Write a draft resume and review it with a SPARC Peer Ambassador or SPARC Career Counselor
- Learn to effectively communicate your experience
- Be ready to customize your resume to best reflect your suitability for specific jobs
- Reflect on additional experiences you may want to pursue
- Activate/Login in to your Handshake account to explore job/internship opportunities and make appointments with SPARC advisers.
- Explore potential paths and outcomes for your desired field of study
- Learn to strategically navigate this tool to meet your goals and match your interests **TIP:** Customize your profile (interests, skills, resume) to best represent your unique skill set and receive info about relevant opportunities.

Engage with your <u>Learning Collaborative (LC)</u>, both in class and at meetings.

- Develop your critical thinking and collaborative skills
- Engage with a diverse team to find solutions to a global problem
- Organize a sponsored LC event, apply for LC grant funding, or consider becoming a student coordinator of an LC next year to develop leadership skills

Attend Community Days of Learning

- Learn about justice, equity, and anti-racism initiatives both on campus and in the community.
- Practice self-advocacy and learn to become an effective ally for others

Attend a Div I <u>Design Your Life</u> workshop to reflect on your skills, values, and the "sparks" in your life that energize you

- Consider how your inner compass can align with your work in the world
- Read about jobs that you might enjoy on <u>O*Net</u>. In particular, explore the "Interest Profiler" and "My Next Move" under the "I want to be a" section
- Assess where your skills/strengths, values and interests align with possible careers
- Identify areas for personal/professional growth, development, and skill building
- Consider educational, work and internship opportunities to fulfill future job requirements

Set up an <u>informational meeting</u> with two people doing work you think would be fun

- Get an insider's perspective on skills needed in that field
- Solicit advice for classes, summer work, and more that will help inform your explorations
- Start to build your professional network

Sign up for the <u>SPARCInternshipSeekers listserv</u> for information about summer, part time and intern opportunities

• Learn about opportunities that spark your interest **TIP:** Apply now or save those you may want to pursue later; they usually repeat yearly!

- Plan to pursue your passions this summer (<u>pursue an internship, job</u>, volunteer, <u>independent</u> <u>research</u>, community organizing, coursework, or whatever is right for you)
- Gain valuable work and life experience in a field of interest; develop relevant skills
- Discern which professional path is really a good match for your interests, skills, preferred work style and workplace culture.

<mark>Div II - First Year</mark>

- □ Write/update your resume and have it reviewed by a career counselor at SPARC
- Learn to effectively communicate your unique Hampshire education and experience

Attend a Div II Design Your Internship Workshop

- Reflect on your own strengths and areas for development
- Develop ideas for life after college and flesh out a plan to get there
- Identify areas for continual growth while pursuing and applying feedback

□ Join the Hampshire Network and talk with two alums doing work you're interested in

- Practice generating appropriate questions to gain the information you need
- Keep building your network

Create a LinkedIn Profile (for Internship/Job Search)

- Connect with Alums and follow people in your field of interest
- Expand your professional contacts

Attend a Five College, Handshake or other career fair, in-person or virtual

- Talk with employers about opportunities, work culture and more
- Learn to successfully navigate the hiring process, in person and virtually

□ Talk with your faculty about career paths and internships in their field

- Communicate interest/curiosity
- Seek out professional development opportunities

Attend an Alum Advisory Council event or other alum presentation/workshop

• Identify areas for continual personal growth and professional development

Use Handshake to find internships and attend employer presentations

- Build intentional relationships with people who can open doors for you by participating in events with potential employers (virtual job fairs, info sessions, etc.)
- Pursue an academic year or summer internship, job, or volunteer experience in an area of interest to you
- Gain skills, knowledge, and connections

□ Visit Global Education Office to explore international study and/or internship options

- Enhance your understanding of people from different cultural groups
- Foster personal growth and flexibility

Derticipate in a story circle hosted by Justice, Equity, and Anti-Racism

- Build affinity among peers
- Learn to solicit and use feedback from multiple cultural perspectives
- Strengthen your ability to make inclusive and equity-minded decisions

Div II - Second Year

□ Join a professional organization related to your interests and/ or social identity

- Follow industry trends
- Participate in further education, training, or other events to support your career
- Consider a Div III that connects/ puts you in contact with organizations/people/alumni working in your field of interest
- Establish or expand relationships with people who can help you professionally

D Pursue a summer internship or work related to your future goals, even if tentative

• Gain real world experience, acquire skills, and make connections in your field

- Demonstrate dependability and professionalism
- Discuss Teaching Assistant or Research Assistant opportunities with your faculty
- Practice self advocacy
- Assume responsibilities to help you learn at a deeper level and progress professionally

If you're considering graduate or professional school:

Attend SPARC's Applying to Grad & Professional School Workshop

- Understand the application processes and timelines
- Make a plan to apply to grad school as a Div III or after you graduate

Research programs and develop an action plan to make sure you're on track

• Understand their admission requirements; take appropriate classes and exams

<mark>Div III</mark>

- Attend a Div III Design Your Life after Hampshire workshop
- Seek and leverage diverse resources and feedback to inform your direction

Design a Div III in an area that excites you

- Develop advanced skills and connect with those working in your field of interest
- Attend job, internship, and grad school fairs at the 5 Colleges and virtually
- Establish relationships with people who can help you professionally
- Develop a professional portfolio or your LinkedIn
- Showcase your work, projects, and your "brand" in alignment with your personal values
- Update/refine your resume and professional portfolio
- Showcase various skills that correspond to specific job opportunities
- □ Apply to grad school or get yourself ready to apply after graduation
- □ Join SPARCJobseekers listserv to learn about jobs received via email, some from alums
- Ask alums and others in your area of interest for job search advice (esp. *who are willing to "Open Doors at Workplace"* on the Hampshire Network)
- Reflect on your Hampshire experiences and translate your acquired skills into job application materials (resume and cover letters)
- Schedule a mock Interview with a SPARC counselor
- Practice communicating your unique Hampshire education to future employers
- Demonstrate verbal and non-verbal/body language, abilities

Ask faculty and/or other supervisors to write letters of recommendation or serve as a reference