

10/30/23	10/31/23	11/1/23	11/2/23	11/3/23	11/4/23	11/5/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Veggie & Cheese Fritata	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Veggie & Cheese Fritata	Scrambled Eggs	Veggie & Cheese Fritata
Vegan Scramble	Spinach & Tomato Vegan scramble	Vegan breakfast w/onion & Zucchini	Taco-Seasoned Tofu & Black Beans	Vegan scramble w/Tomato & Scallion	Vegan veggie scramble w/Mushrooms	Vegan vegetable scramble
Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage
Turkey Sausage	Canadian Bacon	Pork Sausage	Pork bacon	Turkey sausage	Pork bacon	Pork Sausage
Croissants	Hollandaise	Biscuits	Corn Tostada Shells		Halal Beef Bacon	Halal Beef Bacon
Waffles	French Toast Sticks	Waffles	Pancakes	French Toast Sticks	Waffles w/Fruit Compote	Pancakes w/Fruit Compote
Homefries	Hash Browns	Homefries	Hash Browns	Homefries	Hash Browns	Homefries
Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar
Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station
Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11am	Lunch 11am
Fried fish	Beef stew (halal)	Open-Faced Pesto Chicken Melt	Chili bar!	Kielbasa	Chef's special	Chef's special
Fried chicken (halal)	Tempeh stew	(v) Open-Faced Pesto Tofu Melt	Halal beef chili	(v) marinated roast tempeh		
Baked tofu with lemon & herbs	Elbow noodles	Garlic Rotini	Bean chili	Herb-Roasted Chicken		
French fries	Steamed broccoli	Roasted Pepper-Tomato Sauce	Assorted shredded cheeses	Potato pierogies		
marinara	Roasted Peppers & Corn	French fries	Rice	Tater tots		
Pasta w/ olive oil, garlic	Sweet Potato French fries	Green Beans w/Garlic	Roasted cauliflower	Sauerkraut		
Steamed carrots	assorted Rolls	Vegetable medley	French fries	Roasted Beets		
Sauteed greens			Vegetable Medley& vegan butter	Apple Sauce & Sour Cream		
			Cornbread			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Meatloaf w/ sauce (halal)	Taco Night!	Pasta Night!	Halal Chicken Bulgogi	Stir fried shrimp	Indian night!	Halal Beef sheperds pie
Vegan meatloaf w/ sauce	Lazy chicken enchiladas (halal)	Cheese tortellini	Fried Tofu w/Miso Glaze	Stir fried chix (halal)	chicken tikka masala	(v) impossible sheperds pie
Mashed potatoes	(v) Lazy impossible enchiladas	Vegan Ravioli	Sticky rice	(v) Stir fried tofu	Tempeh tikka masala (vegan)	Steamed green beans
Roasted Vegetable Medley	Spanish rice	Halal Chicken Cacciatore	Edamame Dumplings	Jasmine Rice	Saffron basmati rice	Roasted butternut
Garlic green beans	Black beans braised	Pesto alfredo	Pork Dumplings	Vegan Vegetable fried rice	Veggie biryani	Rice pilaf
Rice Pilaf	Sauteed kale	marinara	Dumpling Sauce	Vegan veggie lo mein	Samosas	Steak fries
Cornbread	Vegetable medley	Garlic parm fries	Kimchi	Steamed edamame	Garlic buttered naan	(V) Onion Gravy
	Elote Bites	Sauteed Greens	Sesame Green beans	Broccoli & Garlic Sauce	Mango chutney	
		Roasted rosemary root veg	Garlic-Roasted Cauliflower	Vegan yum yum sauce	Saag w/Masala-Roasted Tofu	
		Garlic knots		Spring Rolls		
11/6/23	11/7/23	11/8/23	11/9/23	11/10/23	11/11/23	11/12/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Veggie & Cheese Fritata	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Veggie & Cheese Fritata	Scrambled Eggs	Veggie & Cheese Fritata
Vegan Scramble	Spinach & Tomato Vegan scramble	Vegan breakfast w/onion & Zucchini	Taco-Seasoned Tofu & Black Beans	Vegan scramble w/Tomato & Scallion	Vegan veggie scramble w/Mushrooms	Vegan vegetable scramble
Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage
Turkey Sausage	Canadian Bacon	Pork Sausage	Pork bacon	Turkey sausage	Pork bacon	Pork Sausage
Croissants	Hollandaise	Biscuits	Corn Tostada Shells		Halal Beef Bacon	Halal Beef Bacon
Waffles	French Toast Sticks	Waffles	Pancakes	French Toast Sticks	Waffles w/Fruit Compote	Pancakes w/Fruit Compote
Homefries	Hash Browns	Homefries	Hash Browns	Homefries	Hash Browns	Homefries
Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar
Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station
Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Chicken shawarma (halal)	BLT (halal) beef bacon	Beef sloppy joe (halal)	Braised Tempeh w/ Mole Sauce	Open-Faced Reuben	Chef's choice	Chef's choice
(v) falafel	Bacon BLT pork bacon	(v) Impossible sloppy joe	Argentinain Baked Chicken w/Chimi churi	(v) Open-Faced Tempeh Reuben		
Hummus & tahini sauce	(v) Tempeh BLT	Steamed Green Beans	Baked Plantains	Onion Rings		
Parsley rice	French fries	Veggie medley	Rice & Beans	Sweet fries		
Steamed broccoli	Vegetable Medley	Tater Tots	Roasted Vegetables w/Chili & Cumin	Green Beans w/Roasted Peppers		
Steak fries	Maple glazed carrots	Mashed Cauliflower	Sauteed Greens	Veggie medley		
Pita	Chicken Haleem	Fried Zucchini				
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef brisket	Taco Night!	Pasta night!	General Tso's chicken (halal)	Mac & cheese	Chicken quesadilla (Halal)	Beef stroganoff (Halal)
BBQ tempeh (vegan)	Beef taco (halal)	Spaghetti	General Tso's tofu	Vegan mac & cheese	Cheese quesadilla	(v) Tempeh stroganoff
Tater tots	Chicken taco (halal)	Meatballs (halal)	Sesame noodles w/jul. veg.	assorted toppings	(v) Tempeh quesadilla	Egg noodles
Dirty rice	Tofu taco	Vegan meatballs	Jasmine Rice	Roasted Chicken (Halal)	Refried beans	farfalle
Steamed cauliflower	Spanish rice	Marinara	Sauteed bok choy	french fries	yucca fries	Green Beans
Mashed Root Veg	Taco french fries	Sauteed spinach	Teriyaki veggies	Pasta & Marinara	Fiesta rice	Sauteed summer squash w scallions
(v) Cornbread	Black beans	Roasted red pepper & artichoke	Spring rolls	Steamed broccoli	Sauteed greens	Rice
BBQ sauce & honey mustard	Taco toppings	Caprese salad	Thai Sweet Chili Sauce	Roasted zucchini & Peppers	Vegetable Medley	
	Sauteed Spinach	Garlic knots				
11/13/23	11/14/23	11/15/23	11/16/23	11/17/23	11/18/23	11/19/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Veggie & Cheese Fritata	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Veggie & Cheese Fritata	Scrambled Eggs	Veggie & Cheese Fritata
Vegan Scramble	Spinach & Tomato Vegan scramble	Vegan breakfast w/onion & Zucchini	Taco-Seasoned Tofu & Black Beans	Vegan scramble w/Tomato & Scallion	Vegan veggie scramble w/Mushrooms	Vegan vegetable scramble
Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage	Veggie sausage
Turkey Sausage	Canadian Bacon	Pork Sausage	Pork bacon	Turkey sausage	Pork bacon	Pork Sausage
Croissants	Hollandaise	Biscuits	Corn Tostada Shells		Halal Beef Bacon	Halal Beef Bacon
Waffles	French Toast Sticks	Waffles	Pancakes	French Toast Sticks	Waffles w/Fruit Compote	Pancakes w/Fruit Compote
Homefries	Hash Browns	Homefries	Hash Browns	Homefries	Hash Browns	Homefries
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Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station	Toasting Station
Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Assorted Pizzas	Indian Lunch	Hot dog (standard & vegan) & Buns	Halal Chicken Pot Pie	Open Tomato, Onion & Cheese Melt	Chef's choice	Chef's choice
Cauliflower pizzas	Aloo Matter Keema	Baked beans (vegan)	Daring Chicken Pot Pie	(v) Grilled Cheese		
Farfalle w/Garlic	(v) Tofu style saag	Seekh Kabab	Rice Pilaf	Roasted Lemon-Pepper Chicken		
Marinara	Chana Masala	French fries	French fries	(v) BBQ Tofu		
Tater tots	Saffron Basmati rice	Sauteed greens	Steamed broccoli	Sauteed Greens		
Eggplant Parmesan	(v) Gobi Masala	roasted cauliflower	Steamed cauliflower	Vegetable medley		
Vegan Eggplant Bake	Samosas	Beef chili (halal)		(v) Macaroni w/Tomato & Basil		
Steamed broccoli	Garlic buttered naan					
	Mango chutney					
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breakfast for dinner!	Taco Night!	Pasta night!	Honey Mustard chicken (halal)	Indian night!	Korean BBQ Beef Brisket	Thai basil chicken (halal)
Scrambled eggs	Lazy chicken enchiladas (halal)	Cheese ravioli	Tamari & Garlic Tofu (v)	Butter Chicken	Roast Chicken w/Gochujang & Garlic	(v) Curried tofu & cabbage
Tofu scramble	Lazy impossible enchiladas	Vegan ravioli	Roasted Potatoes	Chana Masala	(V) Dubu Jorim (Braised Tofu)	Vegan drunken noodles
Hash browns	Spanish rice	Roasted chicken	Sauteed greens	Saffron basmati rice	Tamri & Ginger Greens	Jasmine rice
Waffles & berry compote	braised Black beans	Marinara	Steamed carrots	Veggie biryani	Kim Chi & Sweet Chili Slaw	Sauteed napa cabbage
Bacon	Sauteed kale	Vegetable medley	Sweet Fries	Samosas	Sticky Rice	Sesame noodles
Morningstar sausage	Vegetable medley	Brussel sprouts		Garlic buttered naan	spring rolls w/dipping sauce	Thai style peppers & broccoli
Sauteed spinach		Garlic bread		Mango chutney	lettuce wraps	Spring Rolls
toppings for Scrambled Eggs				Tofu style saag		
11/20/23	11/21/23	11/22/23	11/23/23	11/24/23	11/25/23	11/26/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch	Brunch
Veggie & Cheese Fritata	Scrambled Eggs	Scrambled Eggs			Scrambled Eggs	Veggie & Cheese Fritata
Vegan Scramble	Spinach & Tomato Vegan scramble	Vegan breakfast w/onion & Zucchini			Vegan veggie scramble w/Mushrooms	Vegan vegetable scramble
Veggie sausage	Veggie sausage	Veggie sausage			Veggie sausage	Veggie sausage
Turkey Sausage	Canadian Bacon	Pork Sausage			Pork bacon	Pork Sausage
Croissants	Hollandaise	Biscuits			Halal Beef Bacon	Halal Beef Bacon
Waffles	French Toast Sticks	Waffles			Waffles w/Fruit Compote	Pancakes w/Fruit Compote
Homefries	Hash Browns	Homefries			Hash Browns	Homefries
Fruit & Yogurt Bar	Fruit & Yogurt Bar	Fruit & Yogurt Bar			Fruit & Yogurt Bar	Fruit & Yogurt Bar
Toasting Station	Toasting Station	Toasting Station			Toasting Station	Toasting Station
Assorted Breads & Pastries	Assorted Breads & Pastries	Assorted Breads & Pastries			Assorted Breads & Pastries	Assorted Breads & Pastries
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch 11 a.m.	Lunch 11 a.m.
Burger Bar!	Kielbasa		Roast Turkey w/Gravy		Chef's choice	Chef's choice
Beef burgers (halal)	Chicken in Caramelized Onion Cream		(v) Holiday Roast Tofu w/Gravy			
Vegan burgers	Braised white bean Ragout		Stuffing			
French fries	Lazy mans pierogie		Green Bean Casserole			
Gouda Mac & cheese bites	Baby cakes	CLOSED	Three Sisters Medley	CLOSED		
Sauteed spinach	Roasted Brussels Sprouts		Rosemary Roasted Turnips			
Vegetable Medley	Sour cream		Mashed Potatoes			
assorted fry toppings	Apple Sauce		Buttered Corn Rolls			
			Wild Rice Cranberry Relish			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Indian night!	Taco night!				Baked Salmon	Assorted Pizza
chicken tandoori	Fish tacos/Chicken tacos (halal)				Chicken Tenders	Vegan/GF pizza
Tempeh tikka masala (vegan)	(v) Tofu tacos				Tempeh w/tamari, Orange & Ginger	baked chicken
basmati rice	elote bites				Assorted sauces	French fries
Veggie biryani	Refried beans	CLOSED	CLOSED	CLOSED	Wild Rice Pilaf	Steamed broccoli
Samosas	sazon rice				Roasted Potatoes	Steamed cauliflower
Garlic buttered naan	Sauteed greens				Cajun Roasted Tomatoes	onion rings
Mango chutney	Chips & salsa				Garlic-Sauteed Summer squash	
	Taco toppings					