

ADD at Hampshire: Where to go?

A guide for students (updated 8/2016)

Hampshire College Health & Counseling Services, 893 West St, Amherst, MA 01002,
Phone 413 559-5458, Fax 413 559-5583 (confidential), healthservices@hampshire.edu

“I think I might have Attention Deficit Disorder?”

Health & Counseling Service’s medical and mental health providers have experience working with students with Attention Deficit Disorder. Students meet with a medical OR a mental health provider for an initial appointment. After the intake appointment, recommendations will be made for follow-up care: formal ADD testing by an off campus psychologist, on campus counseling, academic support or accommodations, lifestyle changes, and, if indicated, medication. HCS providers who prescribe medication for ADD carefully monitor students each month during the academic year and only prescribe after ADD testing and formal evaluation has been completed.

Important! ADD testing is required within 3 years of starting at Hampshire: Students are required to have complete ADD testing/evaluation from a licensed psychologist within three years of admission to Hampshire College in order to receive ADD medication from a prescriber at HCHCS. If you were never formally tested or tested a long time ago, HCS providers will help refer you for testing. Hampshire Student Health Insurance covers ADD testing. If you don’t have student insurance, call the customer service number on your insurance card to check about your coverage.

Already diagnosed with ADD? To transfer prescriptions and care:

Students who want Hampshire Health & Counseling medical providers to prescribe for them will need to transfer their care and have records from their previous provider(s) sent/faxed before an intake appointment is scheduled.

Hampshire students can pick up prescriptions at Hampshire Health Services written by their home prescriber, BUT need to check with the UMass pharmacy 413 577-5080 re state laws. Stimulant medications to treat ADD are controlled substances with strict laws about refills and inter-state transfer. Every situation is different and often complicated. UMass pharmacy works closely with HCS with daily prescription delivery.

Academic accommodations for ADD:

Hampshire College Accessibility Services, 413 559-5498, accessibility@hampshire.edu, Arranges accommodations due to a disability for documented ADD and other learning, psychological or physical disabilities. See web site for information about documentation, campus resources, and guidelines: [Office of Accessibility Resources and Services](#)

Counseling and Support:

Hampshire College Health & Counseling Services, 413 559- 5458. healthservices@hampshire.edu Confidential counseling for mood problems, substance use, identity or relationship issues, stress, or depression. Workshops and group to support time management, organization and attention strategies. Off-campus referrals for neuropsychological assessments. [Health and Counseling Services](#)