Div III Workshop: How is patriarchy Held in the Body?

Join me for the final session of "How Is patriarchy Held In The Body?" - A Div III Embodied Research Series, investigating the body-mind split with an intergenerational group of people who were socialized as masculine by our society, and the intersection between the patriarchy/toxic masculinity that gets talked about so often with the patterns that are inherent within it.

Come experience some of it for yourself, through discussion and embodiment practices, and see what we have been up to. Afterwords there will be a little reception with refreshments and conversation.

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