

HAMPSHIRE FACULTY AND STAFF
What to do if you have Tested Positive for COVID-19 or
Have been in contact with someone who has Tested Positive for COVID –19?

Case Information	Can you come to work once state stay-at-home order lifts?	Do you need to be tested	Who do I notify?	Where do I go for care?
You tested COVID-19 Positive You have been tested by your doctor and are informed you test positive	No , you will need to self-isolate at home until instructed to stop by public health officials.	You will need to be tested before you may return to campus.	Contact your immediate supervisor and Human Resources.	Your healthcare provider will manage your health needs.*
A household contact tests positive Someone you live with, a roommate, significant other	No , you should self-quarantine and follow these CDC guidelines . Stay home from work for at least 14 days.	Possibly, if you become ill then yes you will need testing.	Call your immediate supervisor and email Human Resources.	Your healthcare provider will manage your health needs.*
A close contact tests positive Someone with whom you spent more than 10 minutes in close contact and within 6 feet since the day they developed symptoms OR a positive case who coughed on you or whose respiratory secretions or saliva you contacted directly.	No , you should initially work from home until your healthcare provider or local public health department can determine the case details and gives you instructions.	Not unless you have symptoms.	Call your immediate supervisor and email Human Resources.	If there are no symptoms, you do not need care. You should self-monitor your health for 14 days.
Coworker, friend or casual contact tests positive: Someone you were not within 6 feet of for more than 10 minutes or with whom you shared secretions.	Yes, you can work as long as you do not have any symptoms and you were not a close contact (see above).	Not unless you have symptoms.	No notification needed.	If there are no symptoms, you do not need care. You should self-monitor your health for 14 days.
Friend of a friend tests positive. You were in contact with your friend but not the person who tested positive.	Yes, you can work as long as you do not have any symptoms.	Not unless you have symptoms.	No notification needed.	If there are no symptoms, you do not need healthcare.

*Hampshire **employees**, please contact your own healthcare provider(s) for your health needs.

Practice social distancing: maintain a 6 feet distance whenever possible, wash your hands frequently and do not share personal items.

How to know if you have been exposed to CoVID-19: You generally need to be in close contact with a sick person – this includes:

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Being within 6 feet of a sick person with COVID-19 for about 10 minutes, or
- Being in direct contact with secretions from a sick person with COVID-19, (e.g. being coughed on, sharing utensils, kissing, etc.)