

JANUARY 2011 COURSE DESCRIPTIONS

(12-21-10)

Complete and up-to-date course information is available on TheHub

COGNITIVE SCIENCE (CS)

CS-0225-1 NO5C IP

The West of Ireland

Mark Feinstein

The west of Ireland, with its mist-covered mountains, soaring cliffs, rugged rockbound shorelines and deep bogs, is a starkly beautiful place. For more than 6000 years people have struggled to build communities and sustain their lives here by farming and fishing. But it's a challenging environment: there is relatively little fertile soil, a great deal of rain and wind, and often dangerous seas. Over the millennia vast forests were cut down, creating a striking vista of peat bog and bare hills that contrasts with the rolling green fields of much of the rest of the country. In this course, we travel for two weeks in the west of Ireland. We'll explore the ecology, geology and long history of the region, and, from a multidisciplinary perspective, consider how the physical landscape has shaped people's working lives, beliefs, language, and general culture.

 Tentative Dates: Jan. 4-Jan. 18

 Approx. Program Cost: \$1,850 + airfare

 More information about this course and the application process is available on the Global Education web page: <http://www.hampshire.edu/geo/14683.htm>

CS-0235-1 DR

Prenatal Development Across Cultures

Jane Couperus

There is wide variation in factors that influence prenatal development, particularly brain development across cultures. Many factors influence brain growth during pregnancy. For example, nutrition, toxins, stress, social environment, immune activation (infectious disease), and exercise all impact the growing human brain. Many of these factors play a role in brain development during critical or sensitive periods; thus, they can have permanent effects on the brain and on behavior throughout life. Nutrition, toxins, stress, social factors, infectious diseases, and exercise during pregnancy all vary across cultures and socioeconomic classes. This course will attempt to define many environmental factors that effect brain growth during pregnancy, to define the value of this variation, and describe several possible "optimum" conditions for prenatal brain growth and development. Finally, the course will attempt to draw correlations between prenatal environmental factors influencing brain development and aspects of adult behavior and culture.

MTWTHF 01:00PM-04:00PM

ASH 222

CS-0245-1 DR

Attention: A window to studying consciousness?

William Bush

This course will focus on research on selective attention and how it can inform our understanding of what information becomes available to conscious perception. In addition we will look at research on the development and environmental factors that influence how and what we perceive. The first section will be neuroscience oriented, the second section of the course will investigate the development of attention and the final section will focus on environmental and cultural factors. The goal of this course will be to understand the role of selective attention in perception, read and dissect primary literature, and discuss how conscious perception is altered by the factors that influence selective attention. This course satisfies Division I distribution requirements. WRI, REA

MTWTHF 01:00PM-04:00PM

ASH 111

CS-0258-1 PR IP

K-12 Teaching Pre-Practicum

Laura Wenk

In this pre-practicum students spend 3 full school weeks in the a K-12 classroom, observing and assisting a cooperating teacher. For many, this pre-practicum is a way to imagine the work of a teacher and decide whether teaching is a profession they wish to pursue. For others, it is an opportunity to hone their skills. Students observe, help out with small groups, or lead lessons, as negotiated with their cooperating teachers. In addition to this intensive classroom experience, there are assigned readings on classroom management and special education law, plus students keep a reflective journal, complete structured observations, attend a weekly seminar to discuss the craft of teaching, and write a final reflective paper. Students are supervised directly in the school setting by their cooperating teacher. There is a mandatory meeting on

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Wednesday November 17th from 4:00-5:30. Room ASH 111. Prior work in education required. Registration is by instructor permission.

MTWTHF 08:00AM-04:00PM

MTWTH 04:00PM-06:30PM

ASH 111

CS-0285-1 PR

Advanced Video Game Design: Building a Video Game

Paul Dickson

This course will be a 200-level project based course based around the creation of a video game. All students will work together on one project. Most students will come from the video game design courses, but others will just have relevant experience in areas like story creation and character animation that will be useful to help build the game.

Prerequisite: A video game design course.

MTWTHF 01:00PM-04:00PM

ASH 126

CS-1IND-1 DR

Independent Study - 100 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

CS-2IND-1

Independent Study - 200 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

CS-3IND-1

Independent Study - 300 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

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HUMANITIES, ARTS and CULTURAL STUDIES (HACU)

HACU/IA-0103-1 DR FY

Introduction to Writing

William Ryan

This course will explore the work of scholars, essayists, and creative writers in order to use their prose as models for our own. We'll analyze scholarly explication and argument; we'll also try to appreciate the artistry in our finest personal essays and short fiction. Students will complete a series of critical essays in the humanities and natural sciences and follow with a personal essay and a piece of short fiction. Students will have an opportunity to submit their work for peer review and discussion; students will also meet individually with instructor. Frequent, enthusiastic revision is an expectation. EXP, MCP, PRS, REA, WRI. First-year students only.

MTWTHF 09:00AM-12:00PM

GRN WRC

HACU/IA-0103-2 DR FY

Introduction to Writing

Deborah Gorlin

This course will explore the work of scholars, essayists, and creative writers in order to use their prose as models for our own. We'll analyze scholarly explication and argument; we'll also try to appreciate the artistry in our finest personal essays and short fiction. Students will complete a series of critical essays in the humanities and natural sciences and follow with a personal essay and a piece of short fiction. Students will have an opportunity to submit their work for peer review and discussion; students will also meet individually with instructor. Frequent, enthusiastic revision is an expectation. EXP, MCP, PRS, REA, WRI First year students only.

MTWTHF 01:00PM-04:00PM

GRN WRC

HACU/IA/LS-0110-1 DR IP

Elementary Yiddish

Rachel Rubinstein

An introduction to Yiddish language in its cultural context. Fundamentals of grammar and vocabulary designed to facilitate reading and independent work with Yiddish texts. The course is divided into three parts: intensive language study every morning; a colloquium on aspects of Yiddish cultural history; and an afternoon service internship with the collection of the National Yiddish Book Center, the largest depository of Yiddish books in the world. Taught on site at the National Yiddish Book Center. Co-taught with Justin Cammy (Smith College) and the Staff of the National Yiddish Book Center. Hampshire enrollment limited to 9. Instructor Permission Required. This course satisfies Division I distribution requirements. MCP, PRS, REA No prerequisites, but registration is by permission of the instructor.

MTWTHF 10:00AM-12:00PM

YBC YBC

MTWTHF 01:00PM-03:30PM

YBC YBC

HACU-0112-1 DR

Rhythms of the African Diaspora

Robert Weiner

This course is a performance course open to all levels of experience. The course will focus on African-based rhythms found in the music of Cuba, Puerto Rico, Dominican Republic, Jamaica, Trinidad, Haiti, Brazil, and New Orleans. In these cultures, we find uniquely rich mixes of African and European musical elements and styles that have evolved in the Caribbean and the Americas. We will study the specific rhythms, instruments and ensemble settings of each culture with its different traditions. We will learn how to write and sing these rhythms, and we will look for common themes, phrases, sensibilities and cultural applications of these styles. To this end, much of class time will be devoted to hands-on performance of drums and hand-held percussion. In addition, students will watch video footage and listen to recordings of the music in its living contexts, both folkloric and popular genres. Students will work in smaller ensembles to prepare music based on these different Afro traditions, which will be performed at the end of class. Musical experience is strongly recommended but not required. If students play instruments other than percussion/drums (piano, bass, guitar, horns), we will integrate that into the ensembles, study some of the ways melodic and harmonic languages evolved in these traditions, as well as do rhythm exercises on melody instruments. EXP, PRJ

MTWTHF 09:30AM-12:30PM

MDB RECITAL

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HACU-0150-1 DR
Dancing In Context
Fritha Pengelly

An experiential introduction to dance as a performing art, this class will explore how the fabric of dance is interwoven with social dance, political movements, cultural bias, and personal experience. Like all forms of art and expression, dance is created within social, political, and cultural context, and the historical developments of dance are tied as much to particular time periods as they are to masterful choreographers and performers. Course work will include regular movement sessions, experiments in improvisation and choreography, physical explorations of choreography by master choreographers such as Vaslav Nijinsky, Yvonne Rainer, and Doug Elkins, video viewings, and reading and discussion of dance history and relevant social, political, and cultural events. Students will gain a broad understanding of dance within its historical context and explore their personal connection to body and expression. No previous dance training is required. EXP, REA, WRI

MTWTHF 12:30PM-03:30PM

MDB MAIN

HACU-0176-1 DR
Crafting the American Short Story
Matthew Schmidt

This course introduces students to the evolving artistry of the short story in the United States from the nineteenth century to the present. Designed both for those interested in creative writing and in literary history and criticism, the course analyzes a wide range of stories in relation to theme, social context, characterization, dialogue, point of view, style and tone, with the goal of learning to read like a writer. Students will be required to keep a journal of short critical responses on the stories assigned for each class; complete a series of creative writing exercises; develop and complete a final writing project in the form of either an original short story or an extended critical essay. Class sessions will be divided between discussion and writing workshops. Course fee: \$10. WRI, REA, EXP.

MTWTHF 10:00AM-12:00PM

FPH 105

MTWTHF 01:00PM-02:00PM

FPH 105

HACU-0201-1 DR
Art in the Ecozoic Era
Gary Orlinsky

In his book "The Dream of the Earth", Thomas Barry argues that the next period of time must be the Ecozoic Era, a phase in which all cultural, political, and economic action will be based on a relationship to sustaining our planet. It is this mandate that fuels the work of those now called environmental or reclamation artists. The course will include the creation of impermanent pieces of environmental art, made exclusively from harvested, degradable natural materials, studied in tandem with the ancient and modern histories of so-called earth art: from works like the indigenous Serpent Mounds of Ohio, to interventions by the New York Sanitation Department Artist-in-Residence Merle Ukeles, to the transient projects of sculptor Andy Goldsworthy. We will also consider the "cradle to cradle" philosophies of designer William McDonough and the critical stance of writers like Lucy Lippard. Students will be responsible for short essays and presentations, and the making and documentation of our outdoor, winter, earth art installation. This course satisfies Division I distribution requirements. Lab fee: \$50 MCP, PRJ, PRS, REA, WRI, EXP

MTWTHF 01:00PM-04:00PM

EDH 3

HACU-0205-1 DR
Exhibition Practicum: Urban Visions
Karen Koehler

Students in this course will contribute to the making of an exhibition of photographs of world cities, drawn from the Permanent Art Collection of Hampshire College. Scheduled for exhibition in the Hampshire Gallery in February 2011, this exhibition will include works representing some of the most canonical photographers of urban images (from Alvin Langdon Coburn to Manuel Alvarez Bravo to Jerome Leibling and Eliot Erwit to Robert Doisneau and Edouard Boubat) as well as many lesser-known artists. Cities that are represented include: Barcelona, New York, Brussels, Rome, Czestochowa, Havana, London, Paris, Hong Kong, Isfahan, Cuzco, Mexico City, St. Paul, Ontario, etc. Students will curate the exhibition from a master list of works, mat and frame the photographs, design and hang the exhibition, write the labels (including translation), and contribute to the text and design of the catalog. Some facility with a world language, or

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willingness to compose short texts in a second language, is expected. Students need to be available to hang the show some hours outside of class time if necessary. This course satisfies Division I distribution requirements.

MCP,PRJ,REA,PRS,WRI

MTWTHF 09:00AM-12:00PM

LIB 308

HACU-0213-1 DR PR

Platinum Palladium Printing

Kane Stewart

This workshop will explore the practice of platinum and palladium as alternative printing approaches used in photography. Being a contact printing process, we will learn to make properly exposed and developed large format negatives in order to secure images suitable for platinum/palladium printing. We will also look at the work of historic and contemporary platinum printers and students will be required to write a short essay focused on a photographer known for their photographic work in platinum/palladium. Ideally, students should have had taken a college-level, intro to photography course and be confident with their darkroom skills. This course satisfies Division I distribution requirements.

Prerequisite: College level analog Photography I course. Lab fee: \$75. EXP

MTWTHF 01:00PM-04:00PM

JLC 131

HACU-0243-1 DR

Futurist Performance and Performativity

Mary Russo

In this course we will examine the Italian avant-garde movement associated with radical art-making, Fascist politics, and Manifestos of art, war, domestic life, music, theater, architecture, and the visual arts. Students in this intensive course, will be expected to complete an extended essay on either the political history associated with the movement or the relation of Futurist performance to contemporary theories of "performativity." In addition, they must participate in a project inspired by painting, sculpture, or architecture, fashion cooking, or "noise band." These will be presented at a final Futurist "serata" or banquet. This course satisfies Division I distribution requirements. PRS, WRI, REA

MTWTHF 02:00PM-05:00PM

EDH 4

HACU-0255-1

Color, Fold, Form, Font: A Digital Graphic Design Studio Course

Thomas Long

Graphic design is a creative and critical practice at the intersection of communication and abstraction. This course will explore both of these themes through a rigorous, immersive digital media design studio. The projects will challenge students to explore raster and vector graphic forms, color theory and typography in creative, experimental ways to reach their objectives. Techniques, approaches, styles and processes will be introduced throughout the course. The course is fast-paced and immersive and will require a substantial amount of work outside of class time. Lab fee: \$50

MTWTHF 09:30AM-12:30PM

ASH 126

HACU-0257-1

Audio Recording Techniques

Daniel Warner

This course will present a combination of technical and practical material about the process of audio recording. Topics to be covered will include microphones, mic placement, tracking techniques, mixing, signal processing, and mastering.

MTWTHF 02:00PM-05:00PM

MDB RECITAL

HACU-0267-1 PR

New Directions: Alternative Approaches to 16mm Filmmaking

Zachary Iannazzi

This course teaches alternative and experimental methods of 16mm film production including camera-less techniques, direct animation, self-processing, pinhole photography, and contact printing. It will also serve as an

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introduction to advanced analog equipment such as the JK Optical Printer, and Oxberry Animation stand. Students will complete a series of daily short writing assignments, individual and collaborative 16mm filmmaking assignments, as well as a final individual project. Daily screenings and critical readings will introduce students to a wide range of approaches to the moving image. This course will require students to complete extensive individual work outside of class. This course is highly recommended for those students who have completed HACU-210 Film Workshop I, and wish to continue their work with 16mm filmmaking, however it is not a required prerequisite. Prerequisite courses include a 100-level course in media art. Lab fee: \$50

MTWTHF 01:00PM-04:00PM

JLC 120

HACU-1IND-1 DR

Independent Study - 100 Level

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HACU-2IND-1

Independent Study - 200 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

HACU-3IND-1

Independent Study - 300 Level

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INTERDISCIPLINARY ARTS (IA)

IA/LS-0101-1 DR

Immersion Spanish: Elementary Spanish I

Daniel Cuenca, Caroline Gear

This course is designed for students with no background in Spanish and covers the same material in a regular semester course. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught almost entirely in Spanish. Students are introduced to basic grammatical structures (including past, present, and future tenses) and by the end of the semester are able to communicate in verbal and written forms about personal information, daily activities, future plans, and past experiences. This class focuses on speaking and using Spanish with a strong cultural component. Attendance and classroom participation counting for 50 percent of the requirement for credit. Topics of study are based on assignments from the course textbook, Aventuras, current and global events, and the students' experiences. EXP, PRS.
 All Spanish classes are taught by faculty from the International Language Institute in Northampton (www.ili.edu). All classes will meet January 4th at 9:15 in the East Lecture Hall. For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu

MTWTHF 09:15AM-06:30PM

FPH 101

MTWTHF 09:15AM-06:30PM

FPH ELH

IA/LS-0102-1 DR PR

Immersion Spanish: Elementary Spanish II

Caroline Gear, Deliabridgit Martinez

This course is the second semester of first-year Spanish and students enrolled in this course should have taken LS 101 or an equivalent. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. Students entering this level should be able to use the present, future (ir + a + infinitive), and preterit with some fluency and accuracy. Attention is given to building accuracy with grammatical structures introduced in LS 101 and focusing on the differences between the preterit and imperfect tenses along with pronoun use. More sophisticated grammar is also introduced in this course. All four skill areas (speaking, listening, reading, and writing) are practiced through activities that are based on real-life situations, the course textbook, Aventuras, and the students' experiences. This class focuses on speaking and using Spanish. Classroom attendance and participation count for 50 percent of the requirement for credit. This class satisfies Division 1 distribution requirements. EXP, PRS., PRJ.

 All Spanish classes are taught by faculty from the International Language Institute in Northampton (www.ili.edu). All classes will meet January 4th at 9:15 in the East Lecture Hall. For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu.

MTWTHF 09:15AM-06:30PM

FPH 102

IA/HACU-0103-1 DR FY

Introduction to Writing

William Ryan

This course will explore the work of scholars, essayists, and creative writers in order to use their prose as models for our own. We'll analyze scholarly explication and argument; we'll also try to appreciate the artistry in our finest personal essays and short fiction. Students will complete a series of critical essays in the humanities and natural sciences and follow with a personal essay and a piece of short fiction. Students will have an opportunity to submit their work for peer review and discussion; students will also meet individually with instructor. Frequent, enthusiastic revision is an expectation. EXP, MCP, PRS, REA, WRI. First-year students only.

MTWTHF 09:00AM-12:00PM

GRN WRC

IA/HACU-0103-2 DR FY

Introduction to Writing

Deborah Gorlin

This course will explore the work of scholars, essayists, and creative writers in order to use their prose as models for our own. We'll analyze scholarly explication and argument; we'll also try to appreciate the artistry in our finest personal

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essays and short fiction. Students will complete a series of critical essays in the humanities and natural sciences and follow with a personal essay and a piece of short fiction. Students will have an opportunity to submit their work for peer review and discussion; students will also meet individually with instructor. Frequent, enthusiastic revision is an expectation. EXP, MCP, PRS, REA, WRI First year students only.

MTWTHF 01:00PM-04:00PM

GRN WRC

IA-0106-1 DR
Introduction to Drawing
Nathaniel Cohen

Drawing is a fundamental tool and mode of expression at the basis of the fine arts and design. This is course introduces students to the language of drawing through observation and ideas generated from their imaginations. Students are exposed to a broad range of historical examples of traditional and contemporary drawing of many cultures. Students learn about elements and principles of design, as well as drawing techniques, and media. The course also aims to teach students to think critically about their work and that of their peers. Lab fee: \$30.00 EXP, PRJ, PRS

MTWTHF 01:00PM-04:00PM

ARB STUDIO 1

IA/HACU/LS-0110-1 DR IP
Elementary Yiddish
Rachel Rubinstein

An introduction to Yiddish language in its cultural context. Fundamentals of grammar and vocabulary designed to facilitate reading and independent work with Yiddish texts. The course is divided into three parts: intensive language study every morning; a colloquium on aspects of Yiddish cultural history; and an afternoon service internship with the collection of the National Yiddish Book Center, the largest depository of Yiddish books in the world. Taught on site at the National Yiddish Book Center. Co-taught with Justin Cammy (Smith College) and the Staff of the National Yiddish Book Center. Hampshire enrollment limited to 9. Instructor Permission Required. This course satisfies Division I distribution requirements. MCP, PRS, REA No prerequisites, but registration is by permission of the instructor.

MTWTHF 10:00AM-12:00PM

YBC YBC

MTWTHF 01:00PM-03:30PM

YBC YBC

IA-0164-1 DR
The Past Recaptured: Photographs, Facts and Fictions, 1890-1910
Michael Lesy

This course is a demanding research course that will require immersion in a total of six, primary document data bases. All data bases are on-line. Two are newspaper data bases (complete texts of the New York Times and The Chicago Tribune published during this era);the other four are large, archival collections of photographs made during this era. A contemporary history textbook (Brand's Restless Decade) and a novel written during this era (Dreiser's Sister Carrie) will prepare students to immerse themselves in the databases that are at the core of this difficult and demanding course.

Students will be expected to (1) create a series image/text narrative sequences based on their research findings, (2) write literate, well-informed Introductions and Conclusions to accompany each of their narrative sequences.

REA, WRI, EXP, PRS, PRJ, MCP

MTWTHF 09:00AM-12:00PM

FPH 108

IA/LS-0201-1 DR PR
Immersion Spanish: Intermediate Spanish I
Samira Artur, Caroline Gear

This course is the first semester of second-year Spanish. Students enrolled in this course should have taken LS 102 or its equivalent and be able to use the present, future, preterit, imperfect tenses and pronouns with some fluency and have a working knowledge of the present subjunctive. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. This course is designed to reinforce grammatical structures introduced in first-year Spanish through activities that practice all four skills: speaking, listening, reading, and writing. Attention is given to using command forms and the subjunctive. Classroom activities and topics are connected to the culture and literature of the Spanish-speaking world through the textbook, Enfoques, as well as students' own experiences. Emphasis is placed on

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accuracy in speaking and writing in Spanish. Attendance and classroom participation count for 50 percent of the requirement for credit. This course satisfies Division I distribution requirements. EXP, MCP, PRS, PRJ, REA.

 This class is taught by faculty from the International Language Institute in Northampton (www.ili.edu).

For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu

MTWTHF 09:15AM-06:30PM

FPH 103

IA/LS-0202-1 DR PR

Immersion Spanish: Intermediate Spanish II

Jose Madiedo, Caroline Gear

This course is the second semester of second-year Spanish. Students enrolled should have taken LS 201 or the equivalent and be able to use the present, future, preterit, imperfect tenses, command forms and present subjunctive with some fluency. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. This course will solidify grammatical structures of Spanish through activities that practice all four skill areas: speaking, listening, reading, and writing. Attention will be given to more sophisticated use of the subjunctive and compound tenses. Authentic materials that focus on the culture and literature of the Spanish-speaking world will be used as well as the textbook, *Revistas*. As in LS 201, focus will be placed on accuracy in speaking and writing in Spanish. Attendance and classroom participation count for 50 percent of the requirement for credit. This course satisfies Division I distribution requirements. EXP, MCP, PRS, PRJ, REA.

 This class is taught by faculty from the International Language Institute in Northampton (www.ili.edu).

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MTWTHF 09:15AM-06:30PM

FPH 104

IA/NS-0210-1 IP

Design, Art & Technology: Light From Within, Light From Without

Peter Kallok, Lawrence Winship

The light around us constantly changes. Most living things, plants, animals and microbes, sense the duration, intensity, direction and spectral quality of light. Light can tell us where we are, when to act or to rest, and affects our moods and even our most basic physiology. By living indoors, people create their own light-fields, yet the physiological, emotional, cultural and creative experiences of spatial transition from inside to outside are often taken for granted. While studying what keeps us inside and what draws us outside, we will explore the transition through, in, and out of light. We will experience and analyze the contrasts and tensions between light as experienced inside (artificial light) and light as experienced outside (natural light). We will consider the essential components of those experiences and investigate changes in perception, color, intensity, space and time. Our venue will be the college Bioshelter, a flexible experiential space inhabited by both people and plants that is neither exclusively inside nor out, bounded only by a thin transparent membrane that both emits and admits light. We will collaboratively design and construct an installation or an environment that adapts both natural and artificial light, relying primarily upon solid state, high efficiency light sources and digital controls, creating a new experience of and a new relationship with light and nature and a space capable of being both challenging and contemplative. Instructor permission required. Preference will be given to Division II students.

MTWTHF 10:00AM-12:00PM

EDH 23

MTWTHF 01:00PM-03:00PM

EDH 23

IA-0221-1 DR

Moldmaking and Casting Techniques for the Visual Artist and Designer

Gregory Kline

This studio course introduces intermediate level sculpture, studio art and design concentrators to mold making and casting processes. Students will be exposed to a range of cast sculpture both historic and contemporary through books and slide lectures. They will explore the process of mold making and casting through a range of different materials including Plaster, Latex rubber, Silicone rubber, Urethane rubber and thermoplastics and apply these processes to their art or design work. Students will then present their work for group critique at the end of the term. Intro sculpture level class would be helpful but not required. Lab fee: \$90. EXP, PRJ, PRS

MTWTHF 12:30PM-03:30PM

ARB SCULPT

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IA-0243-1 DR PR

The Performance of Biography

Djola Branner

This interdisciplinary theatre course explores the dramatization of biographical and autobiographical material. Through writing and performance, we will identify and discuss approaches to creating biographical drama, and through selected readings will deconstruct the work of such contemporary artists as Mike Albo, Anna Deveare Smith and Lisa Kron. The course culminates in a public performance during which each student presents their own autobiographical or biographical material, dramatizing a clear "defining moment" in their own or another individual's life. Prerequisite: A college level acting or directing or playwriting course. EXP, PRJ, PRS, REA, WRI

MTWTHF 09:30AM-12:30PM MDB MAIN

IA-0244-1

Learning Through the Arts: The Power of Picture Books

Nick Clark

This course will expand on the collaboration between Hampshire College and The Eric Carle Museum which encourages students to experience the Museum as a resource for exploring child development, childhood, human learning, and educational theory and practice. Using the art and design of the picture book as a catalyst, Museum curators and educators will train students in The Carle's pedagogy which is designed to encourage engagement, critical and creative thinking, and the development of visual and verbal literacy. Requirements include critical readings, observation of children, analysis, and interaction with art materials as well as the writing of a short art history-based paper and the presentation of a final project focused on a single picture book. This course is for students participating in Hampshire's CYL program or students with an appropriate background and/or experience. This course will be held on location at the Eric Carle Museum.

MTWTHF 01:00PM-04:00PM Eric Carle Museum

IA-0262-1

Urban Eco-Design: Solar Charging Station Design/Build for Campus

Donna Cohn, Beth Ferguson

What role can design play in finding or promoting solutions to climate protection, clean mobility, renewable energy, waste reduction, and social equality? This course is for students interested in exploring the relationship between design, public art, urban sustainability, and renewable energy. The major focus will be to collaborate in the design and fabrication of an off-the-grid solar charging station for the Hampshire campus. Focus teams will include: station architecture, wiring/engineering, furniture design, info-graphics, and site management. Together, we will address the unsustainability of the current petroleum-based energy production and distribution system with creative and innovative solutions. For example, urban solar charging stations have the potential to help our society transition from gas-dependent cars to electric vehicles by creating an engaging and evocative connection to the way we use electricity. We will cover the basics of small-scale solar energy production, digital design methods, and prototype fabrication with research and hands-on workshops. Students interested in art in the public forum, industrial design, prototype development, and the applied sciences are welcome to attend. Lab fee: \$60

MTWTHF 02:00PM-05:00PM LCD SHOP

MTWTHF 02:00PM-05:00PM LCD 113

IA-1IND-1 DR

Independent Study - 100 Level

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IA-2IND-1

Independent Study - 200 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

IA-3IND-1

Independent Study - 300 Level

CCR = Co-curricular course; CQR = Co-requisite course; DR = Satisfies Division I distribution requirements; FY = First Year Students Only; PR = Prerequisites required; IP= Instructor Permission required

JANUARY 2011 COURSE DESCRIPTIONS
(12-21-10)

Complete and up-to-date course information is available on TheHub

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

LANGUAGE STUDIES (LS)

LS/IA-0101-1 DR

Immersion Spanish: Elementary Spanish I

Daniel Cuenca, Caroline Gear

This course is designed for students with no background in Spanish and covers the same material in a regular semester course. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught almost entirely in Spanish. Students are introduced to basic grammatical structures (including past, present, and future tenses) and by the end of the semester are able to communicate in verbal and written forms about personal information, daily activities, future plans, and past experiences. This class focuses on speaking and using Spanish with a strong cultural component. Attendance and classroom participation counting for 50 percent of the requirement for credit. Topics of study are based on assignments from the course textbook, Aventuras, current and global events, and the students' experiences. EXP, PRS.

 All Spanish classes are taught by faculty from the International Language Institute in Northampton (www.ili.edu). All classes will meet January 4th at 9:15 in the East Lecture Hall. For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu.

MTWTHF 09:15AM-06:30PM

FPH 101

MTWTHF 09:15AM-06:30PM

FPH ELH

LS/IA-0102-1 DR PR

Immersion Spanish: Elementary Spanish II

Caroline Gear

This course is the second semester of first-year Spanish and students enrolled in this course should have taken LS 101 or an equivalent. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. Students entering this level should be able to use the present, future (ir + a + infinitive), and preterit with some fluency and accuracy. Attention is given to building accuracy with grammatical structures introduced in LS 101 and focusing on the differences between the preterit and imperfect tenses along with pronoun use. More sophisticated grammar is also introduced in this course. All four skill areas (speaking, listening, reading, and writing) are practiced through activities that are based on real-life situations, the course textbook, Aventuras, and the students' experiences. This class focuses on speaking and using Spanish. Classroom attendance and participation count for 50 percent of the requirement for credit. This class satisfies Division 1 distribution requirements. EXP, PRS., PRJ.

 All Spanish classes are taught by faculty from the International Language Institute in Northampton (www.ili.edu). All classes will meet January 4th at 9:15 in the East Lecture Hall. For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu.

MTWTHF 09:15AM-06:30PM

FPH 102

LS/HACU/IA-0110-1 DR IP

Elementary Yiddish

Rachel Rubinstein

An introduction to Yiddish language in its cultural context. Fundamentals of grammar and vocabulary designed to facilitate reading and independent work with Yiddish texts. The course is divided into three parts: intensive language study every morning; a colloquium on aspects of Yiddish cultural history; and an afternoon service internship with the collection of the National Yiddish Book Center, the largest depository of Yiddish books in the world. Taught on site at the National Yiddish Book Center. Co-taught with Justin Cammy (Smith College) and the Staff of the National Yiddish Book Center. Hampshire enrollment limited to 9. Instructor Permission Required. This course satisfies Division I distribution requirements. MCP, PRS, REA No prerequisites, but registration is by permission of the instructor.

MTWTHF 10:00AM-12:00PM

YBC YBC

MTWTHF 01:00PM-03:30PM

YBC YBC

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JANUARY 2011 COURSE DESCRIPTIONS

(12-21-10)

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LS/IA-0201-1 DR PR

Immersion Spanish: Intermediate Spanish I

Samira Artur, Caroline Gear

This course is the first semester of second-year Spanish. Students enrolled in this course should have taken LS 102 or its equivalent and be able to use the present, future, preterit, imperfect tenses and pronouns with some fluency and have a working knowledge of the present subjunctive. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. This course is designed to reinforce grammatical structures introduced in first-year Spanish through activities that practice all four skills: speaking, listening, reading, and writing. Attention is given to using command forms and the subjunctive. Classroom activities and topics are connected to the culture and literature of the Spanish-speaking world through the textbook, *Enfoques*, as well as students' own experiences. Emphasis is placed on accuracy in speaking and writing in Spanish. Attendance and classroom participation count for 50 percent of the requirement for credit. This course satisfies Division I distribution requirements. EXP, MCP, PRS, PRJ, REA.

 This class is taught by faculty from the International Language Institute in Northampton (www.ili.edu).

For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu

MTWTFH 09:15AM-06:30PM

FPH 103

LS/IA-0202-1 DR PR

Immersion Spanish: Intermediate Spanish II

Jose Madiedo, Caroline Gear

This course is the second semester of second-year Spanish. Students enrolled should have taken LS 201 or the equivalent and be able to use the present, future, preterit, imperfect tenses, command forms and present subjunctive with some fluency. This is an intensive course and meets 9:15-6:30 Monday-Friday including lunch and dinner with classmates and instructors in SAGA. This class is taught entirely in Spanish and covers the same material in a regular semester course. This course will solidify grammatical structures of Spanish through activities that practice all four skill areas: speaking, listening, reading, and writing. Attention will be given to more sophisticated use of the subjunctive and compound tenses. Authentic materials that focus on the culture and literature of the Spanish-speaking world will be used as well as the textbook, *Revistas*. As in LS 201, focus will be placed on accuracy in speaking and writing in Spanish. Attendance and classroom participation count for 50 percent of the requirement for credit. This course satisfies Division I distribution requirements. EXP, MCP, PRS, PRJ, REA.

 This class is taught by faculty from the International Language Institute in Northampton (www.ili.edu).

For more information regarding placement, please contact Caroline Gear, Director of Programs, caroline@ili.edu.

MTWTFH 09:15AM-06:30PM

FPH 104

JANUARY 2011 COURSE DESCRIPTIONS
(12-21-10)

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NATURAL SCIENCE (NS)

NS-0101-1 DR IP

Gene Cloning

Charles Ross, Lynn Miller

This is an intensive course on the fundamentals of working in a molecular biology laboratory. Students will work with student instructors in small groups for the first week to learn basic techniques. After the first 6 days the students will work for the remaining time in one of research groups led by one of the student instructors, with help from Profs. Miller and Ross. Students will also have daily readings and an 8:00 AM morning seminar to discuss those readings. Students will participate in over 100 hours of laboratory practice and research in 13 days, and they will read and discuss eight chapters of Recombinant DNA 3rd Ed. by Watson, Caudy, Myers, & Witkowski. We consider this course as equivalent to a full semester of molecular biology laboratory. Instructor Permission Required: Meet with Prof. Miller or Prof. Ross before registering. PRS, PRJ, QUA, REA

MTWTHF 08:00AM-05:00PM

CSC 2-OPEN

MTWTHF 08:00AM-05:00PM

CSC 2-MOLC

NS-0154-1 DR

Plants and Human Health

Nancy Lowry

Plants and Human Health will examine the medical uses and toxic effects of plants through time and across cultures. The emphasis in the course will be to review current scientific studies which examine plant extracts and their chemical constituents for effectiveness in healing and toxic uses. PRJ, PRS, REA, WRI

MTWTHF 10:00AM-12:00PM

CSC 333

MWTH 01:00PM-03:00PM

CSC 333

NS-0188-1 DR

Student Heal Thyself

Emily Maiella

The goal of the course, "Student Heal Thyself," is to give students tools and skills that will empower, educate and inspire them to make healthy decisions during their most formative years. Emphasized topics will include diet, nutrition, stress, exercise and positive relationships. "Popular diets," such as Atkins, Mediterranean, South Beach, vegetarianism, veganism, macrobiotic and raw/living foods will be discussed. Whole foods nutrition versus the "Standard American Diet" will be explained. Physiology and biochemistry will be emphasized. Other topics will include how stress affects the endocrine and nervous systems, and how meditation, relaxation and exercise can be used for stress reduction. Birth control and STD prevention will be discussed as well as sleep, tobacco, drug and alcohol use/abuse. There will be class discussions, group work and lectures. In order to achieve appropriate NS criteria, students will use search engines, such as Pub Med, and learn how to read and interpret primary scientific literature. PRJ, PRS, and QUA

MTWTHF 09:30AM-12:30PM

CSC 3-OPEN

NS/IA-0210-1 IP

Design, Art & Technology: Light From Within, Light From Without

Lawrence Winship, Peter Kallok

The light around us constantly changes. Most living things, plants, animals and microbes, sense the duration, intensity, direction and spectral quality of light. Light can tell us where we are, when to act or to rest, and affects our moods and even our most basic physiology. By living indoors, people create their own light-fields, yet the physiological, emotional, cultural and creative experiences of spatial transition from inside to outside are often taken for granted. While studying what keeps us inside and what draws us outside, we will explore the transition through, in, and out of light. We will experience and analyze the contrasts and tensions between light as experienced inside (artificial light) and light as experienced outside (natural light). We will consider the essential components of those experiences and investigate changes in perception, color, intensity, space and time. Our venue will be the college Bioshelter, a flexible experiential space inhabited by both people and plants that is neither exclusively inside nor out, bounded only by a thin transparent membrane that both emits and admits light. We will collaboratively design and construct an installation or an environment that adapts both natural and artificial light, relying primarily upon solid state, high efficiency light sources and digital controls,

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JANUARY 2011 COURSE DESCRIPTIONS
(12-21-10)

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creating a new experience of and a new relationship with light and nature and a space capable of being both challenging and contemplative. Instructor permission required. Preference will be given to Division II students.

MTWTHF 10:00AM-12:00PM EDH 23
MTWTHF 01:00PM-03:00PM EDH 23

NS-0245-1 DR
Social Behavior and Epigenetic Mechanisms
Cynthia Gill

This course will explore the role of hormones in the development of social behaviors, with particular focus on emerging evidence for epigenetic transmission of information across generations. Hormones are important gene regulatory agents that influence social behaviors, including maternal care, mating, aggression and affiliative bond formation. The social, nutritional and sensory environment can dramatically affect the expression of specific hormones. Those hormones, in turn, can determine the development and degree of plasticity of the nervous system. Thus, behavior is set in a background of endocrine influences. This course examines the neuroendocrine system influences on behavior and introduces some of the methods and techniques in neuroendocrine and behavioral research. Students will analyze the primary and secondary scientific literature, and write and present papers. This course satisfied Division I distribution requirements. WRI, REA,QUA, PRE

MTWTHF 01:00PM-04:00PM CSC 316

NS-0251-1
Ecology Through Animal Tracking
Noah Charney, Charles Eiseman

This course will provide students with a field experience based understanding of animal ecology, through the lens of animal tracking. The bulk of the course will be spent in the field visiting the major local habitat types. In each habitat, we will discuss the interactions among animal, plant, and abiotic components occurring there. In the classroom, we will discuss core concepts in ecological theory relevant to our field observations. Students will be expected to undertake an independent project, maintain a daily journal, keep up with assigned readings in texts and scientific literature, and participate in class discussions. This course will entail considerable winter hiking.

MTWTHF 10:00AM-12:00PM CSC 1-ECOL
TTH 09:30AM-04:30PM CSC 1-ECOL

NS-0304-1 NO5C PR IP
Field Study in Women's Health: El Salvador
Elizabeth Conlisk, Miriam Cremer

This January term course is a seminar combining political and social activism with public health and medicine. It is an intensive course with one week of class work at Hampshire College and a 8-day field study in El Salvador. The class work at Hampshire will focus on major topics in international women's health, such as cervical cancer, sexually transmitted diseases, prenatal care, contraception and domestic violence. Students will also be introduced to key topics in epidemiology. In El Salvador, students will assist with health fairs in the Paracentral region of the country and conduct a needs assessment of health care concerns in the communities. Students will have the opportunity to help health professionals provide care to patients, distribute medications and eye-glasses to clients and provide health education seminars to lay health professionals and to the community.
 Prerequisites: Prefer Division II or Division III students, but will consider strong Division I students. Strong interest in international public health. Spanish language is strongly suggested but not required. Students can be at any level of training.

 Tentative Dates: Jan. 3-Jan. 15 (includes on-campus component Jan 3-6)

 Approx. Program Cost: \$1,300 + airfare

 More information about this course and the application process is available on the Global Education web page: <http://www.hampshire.edu/geo/9436.htm>

JANUARY 2011 COURSE DESCRIPTIONS

(12-21-10)

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NS-1IND-1 DR

Independent Study - 100 Level

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NS-2IND-1

Independent Study - 200 Level

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NS-3IND-1

Independent Study -300 Level

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SOCIAL SCIENCE (SS)

SS-0182-1 DR NO5C PR IP

International Human Rights Tribunals

Flavio Risech-Ozeguera

An exploration of the international legal institutions established at the Hague and Strasbourg will involve research visits to the International Criminal Court; the Special Court for Sierra Leone; the International Criminal Tribunal for the Former Yugoslavia; the International Court of Justice, the UN's high court for resolution of disputes between States, and the European Court of Human Rights located at Strasbourg. We will meet with court personnel, prosecutors, defense attorneys, and members of NGOs concerned with international criminal jurisprudence and human rights litigation.

Observation of actual court proceedings and trials will be the central activity. Prerequisites: Preference for those enrolled in or who have completed a human rights or international relations course. No language requirement, though French speakers may choose to research and observe court proceedings entirely in French. Learning goals: REA, WRI, PRS

 Tentative Dates: Jan. 6-Jan. 20

 Approx. Program Cost: \$2,250 + airfare

 More information about this course and the application process is available on the Global Education web page: <http://www.hampshire.edu/geo/14684.htm>

SS-0192-1 DR

Law and Society

Jennifer Hamilton

This course is an introductory exploration of the ways law shapes our lives and how society and culture affect how we interpret and experience law. Using case studies and a range of theoretical and methodological tools, we will examine key cultural and technological challenges to contemporary political and legal structures, asking how law functions in a broader social context. In other words, this is not a traditional class in law, but rather an introduction to critical ideas and concepts in anthropology and other forms of social scientific investigation. MCP, WRI, REA, PRS

MTWTHF 09:00AM-12:00PM

FPH 106

SS-0219-1 DR PR

Transparency without Accountability? Democracy and Reform in Sub-Saharan Africa

Frank Holmquist

After a period of post-colonial military and one-party rule the arrival of multi-party democracy the early 1990s in many, if not all, Sub-Saharan African states brought high hopes and expectations of broad-based reform ? triggering economic growth, attacking spreading poverty, addressing economic inequality, tending to women's rights issues, including young people in public life, liberating the media, protecting the environment, expanding civil society freedoms, and more. The agenda was impossibly long and disappointment was inevitable. But the question remains: what difference does democracy make for reform? As many political systems opened up in the past two decades, a great deal of transparency did occur. People now have access to more information about the political and policy realm, and there is expanded political space for people to voice and organize. More than ever before people know what is going on and they can act on it. They pay close attention to everyday politics, they organize, and they vote. But are representatives really accountable? To which people? To what interests? What are the contending political and ideological forces at play? How do we understand the mixed record of reform under democracy in Africa? One class on Africa, Asia, or Latin America in the social sciences. Prerequisite: One class on Africa, Asia, or Latin America in the social sciences. This course satisfies Division I distribution requirements. REA, WRI, PRS, PRJ, MCP

MTWTHF 02:00PM-05:00PM

FPH 107

SS-0232-1 DR PR

Insurgent Mexico: Social Movements and Activism in Mexico Today

Margaret Cerullo

This course will consider some of the forms of resistance and rebellion that compose the contemporary Mexican landscape--from the Zapatistas to campesino movements against the effects of NAFTA; student movements; feminists and gay rights activists (gay marriage was legalized this year in Mexico City). We will briefly discuss the various theoretical frameworks scholars have proposed for analyzing social movements. Following the specialization of visiting Mexican

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scholar Elisa Benavides, we will focus on the relationship between discourse and social movements, asking for example how movements subvert the dominant interpretive codes, bring about new frameworks that question those that power has imposed. We will ask how our work can be useful not only in an academic sense but to those we are studying. Final projects will examine a social movement in Mexico or elsewhere; or a local movement (on or off campus) using the conceptual frameworks we present using Mexican case studies. Prerequisites: High Intermediate Spanish language, and at least one prior Social Science course. This course satisfies Division I distribution requirements. REA, WRI, MCP, PRS. Co-taught in Spanish with guest scholar Elisa Benavides.

MTWTHF 02:00PM-05:00PM

FPH 106

SS-1IND-1 DR

Independent Study - 100 Level

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SS-2IND-1

Independent Study - 200 Level

To register for an Independent Study with Hampshire College faculty you need to pick up an Independent Study form in the Central Records office and get the form signed by the faculty supervisor as well as your advisor.

SS-3IND-1

Independent Study - 300 Level

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JANUARY 2011 COURSE DESCRIPTIONS

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CO-CURRICULAR COURSES (CCR)

Co-curricular courses offer opportunities for skills development, innovation, personal growth, and experience-based learning outside of the regular curriculum of the college. These courses meet on the same schedule as academic courses, and require registration following the same procedures and deadlines. Co-curricular courses do not normally satisfy distributional or Divisional requirements unless they are cross-listed with a School's curriculum. They may form a part of a Division II concentration, and are otherwise very important extra resources that supplement the core curriculum.

OUTDOOR PROGRAMS and RECREATIONAL ATHLETICS (OPRA)

OPRA-0101-1 CCR IP

Warm Winter Rock in the South of Spain

Michael Alderson, Guy deBrun

Located on the southern tip of Spain is the world-class climbing destination known as El Chorro. January temperatures average around 60 degrees with very little precipitation. With over 700 routes in a spectacular gorge, there will be more than enough climbing for our January term adventure. Participants should possess basic rock climbing skills and belay knowledge. We will fly as a group to Malaga Spain. We will then travel by train to the village of El Chorro. We will be staying in casitas that are within walking distance of the climbing area. This is a perfect trip for beginning or expert climbers. Land cost \$800 for Hampshire students, \$1000 for Amherst, Mt. Holyoke and Smith college students and \$1100 for U. Mass and community. Airfare approximately \$600-\$800 Some scholarship and aid money is available for Hampshire financial aid students. Mandatory pre-trip meeting: October 20 at 6pm in the RCC.

OPRA-0102-1 CCR IP

Sea Kayaking in the Exuma Bahamas!

Karen Warren, Glenna Alderson

The Exumas are an archipelago of 365 cays and islands in the Bahamas, stretching out over 150 miles. The fine white sand of the deserted beaches are a striking contrast to the aquamarine and jade hues of water. Remote pristine beaches, crystal clear waters and lush tropical greenery of the cays will surround us as we sea kayak and camp in paradise! There will be lots of opportunities to snorkel amid the coral reefs among exotic tropical fish, plants, sea turtles, iguanas and dolphins! We'll camp on undeveloped islands and hike palm-fringed coves. An investigation of the environmental issues facing this fragile marine and island area will be a part of this trip. Participants may also have the opportunity to sail for a day among the cays. Instruction in sea kayaking and camping skills will be provided. The trip is open to all ability levels. Participants must be able to swim and be comfortable in the water! Trip is limited to 8 participants. Land cost is \$1050 for Hampshire students; \$1250 for Amherst, Mt. Holyoke and Smith students, and \$1350 for U. Mass and community. This includes food, equipment, instruction, ground transportation, fees, camping, and lodging. Mandatory pre-trip meeting October 20 at 5pm in RCC. Air fare is approximately \$500 from New England.

OPRA-0104-1 CCR

Basic Fitness and Training

Troy Hill

This course will give students background knowledge and first-hand experience in aerobic conditioning and weight lifting. Students will cover the basics of using heart rate to guide aerobic conditioning and assist in designing an individualized weight training program. Troy Hill is the men's and women's basketball coach at Hampshire College. This course runs January 4 through 20, 2011. UMass students/community: \$150.00

TTH 10:00AM-10:30AM MSC WGHT RM

OPRA-0106-1 CCR

Intensive Kyudo: Japanese Archery

Marion Taylor

By meeting every week day, we will cover a full semester's material during January. Beginners will learn the basic shooting form or Shichi-Do. Intermediate students will learn and perfect the two arrow form or Hitote. All will experience shooting at 28 meters. U. Mass and Community: \$150 fee.

MTWTHF 10:00AM-11:30AM RCC GYM

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OPRA-0107-1 CCR

American Red Cross Course in Adult CPR

Troy Hill, Amanda Surgen

This course will cover the material needed for certification by the American Red Cross in Adult CPR. Lecture and video instruction combined with skills practice and testing will prepare each student to cope with various injury and illness situations. Troy Hill and Marion Taylor are certified by the American Red Cross to teach Standard First Aid and Adult CPR. This course will meet for one morning only on Monday, January 10, 2011 at 9 a.m. - 12 p.m. \$10.00 Certification fee. UMass.Students/Others: \$50.00 fee.

M 09:00AM-11:45AM RCC 21

OPRA-0108-1 CCR

American Red Cross Course in First Aid

Troy Hill, Marion Taylor

This course will cover the material needed for certification by the American Red Cross in First Aid. Lecture and video instruction combined with skills practice and testing will prepare each student to cope with various injury and illness situations. Troy Hill and Marion Taylor are certified by the American Red Cross to teach Standard First Aid and Adult CPR. This course will meet for one morning only on Wednesday, January 12, 2011 at 9:00 - 11:30 a.m. \$10.00 Certification fee. UMass.Students/Others: \$50.00 fee.

W 09:00AM-11:30AM RCC 21

OPRA-0109-1 CCR

Rape Aggression Defense: Basic Self Defense for Women

Marion Taylor, Troy Hill

The Rape Aggression Defense System is a program of realistic, self-defense tactics and techniques. The system is a comprehensive course for women beginning with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. This system of realistic defense will provide a woman with the knowledge to make an educated decision about resistance. Safety and survival in today's world require a definite course of action. Providing effective options allow women to take an active role in their own self-defense and psychological well-being. Troy Hill, Marion Taylor and Amanda Surgen are certified Basic RAD Instructors. Open to all abilities but consistent attendance is required. This course meets on January 3-7, 2011. UMass.Students/Others: \$150.00 fee.

MTWTHF 01:00PM-04:00PM RCC 21

OPRA-0110-1 CCR PR

Rape Aggression Defense: Advanced Self Defense for Women

Troy Hill, Marion Taylor

The techniques taught in Basic Physical Defense will be extended with additional techniques, combinations of techniques and advanced ground defenses. Women will also consider attack by and defense against some weapons. Participants will practice extensively so that they will be more ready for situations requiring self-defense. All physical abilities are welcome but consistent attendance is necessary. Troy Hill and Marion Taylor are certified Advanced RAD instructors. Students must have completed Basic RAD training. This course runs from January 10-20, 2010.

UMass.Students/Others: \$150.00 fee

MTWTHF 01:00PM-04:00PM RCC 21

OPRA-0111-1 CCR

Defensive Driving: Coaching the Van Driver

Troy Hill

This course will present safer driving strategies for operators of college vehicles. It will fulfill a requirement for becoming an approved driver of college vehicles. Class meets 9:00-11:00am on Friday, January 14 only.

F 09:00AM-11:00AM RCC 21

OPRA-0113-1 CCR

Spinning

Amanda Surgen

Spinning is a group cycling class that guides participants through workout phases using music, warm-up, steady up-tempo cadences, sprints, climbs, and cool downs. You control resistance on your bike to make the pedaling easy or

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difficult as you choose. Constant Adjustment is normal. This group cycling class is designed for all fitness levels and involves various cycling drills that offer an exhilarating cardiovascular workout. The class also teaches you proper form and interval training. Staff and faculty are welcome! Bring workout clothes, towel, and water bottle. U. Mass/Community: \$150 fee.

TTH 10:30AM-11:30AM

RCC FOYER

OPRA-0115-1 CCR

Strength Training

Amanda Surgen

This course will give you first-hand experience in weight lifting, stretching and aerobic activity. Students will learn how to use the machines, barbells and dumbbells in the Multisport Weight Room. Course will also include conditioning on the track using various workouts involving speed ladders and agilities. People who have never been involved in a fitness program are especially welcome. Course meets Jan. 5-20, 2011. Amanda Surgen is an OPRA instructor. UMass.Students/Community: \$150.00 fee.

WF 09:30AM-11:00AM

MSC WGHT RM

OPRA-0117-1 CCR

T'ai Chi Intensive

Rob Zilin

Practicing T'ai Chi Chuan has long been known to build stamina without strain; create "internal power" to help prevent disease. With regular practice the T'ai Chi player develops a meditative calm with a peaceful, stress-free disposition. T'ai Chi starts you gently on the way to True Fitness, that can challenge you to whatever level you desire. T'ai Chi teaches you to maximize your physical and mental potential by fully coordinating your keen mental focus with a supple and powerful body. This essential training for life-long health, superb fitness, and peace of mind is also noted for being somewhat frustrating at the beginning. The Jan. Term intensive is intended to jump start your training and enable you, in a short time, to advance beyond the initial phases of learning forms. You will advance quickly to higher levels of achievement. An intensive is a great way to begin your study of T'ai Chi or to refine and advance your practice if you have some experience. Course runs from January 3 - 20, 2011. UMass.Students/Others: \$150.00 fee

MTWTH 06:45PM-08:45PM

RCC 21

OPRA-0119-1 CCR

Aikido

Mathew Snow

Aikido is essentially a modern manifestation of traditional Japanese martial arts (Budo), derived from a synthesis of body, sword, and staff arts. Its primary emphasis is defensive, utilizing techniques of neutralization through leverage, timing, balance, and joint control. There is no emphasis on strikes or kicks since one is trained to blend and evade rather than confront. Beginners will practice ukemi (falling), body movement, conditioning, and several basic techniques. UMass/Others \$150.00 fee.

TTH 04:00PM-05:30PM

RCC 21

OPRA-0125-1 CCR

Fencing: from En Garde to the Olympics

Scott Tundermann

January term is a great time to give fencing a try! We'll cover everything you need to know to cross swords with an opponent, starting from the basics on up to real bouting. No experience or equipment necessary! We'll start with the footwork used to move on the strip and control the distance between you and your adversary; then we'll suit up in the protective gear to practice the various attacks as well as how to defend against them. Along the way, we'll play lots of games to put your new-found skills to use, until you're ready for full-on bouts. We'll also talk about the rules and formats for competitions and watch some video of Olympic fencers like Mariel Zagunis and Tim Morehouse (gold and silver medalists in Beijing). Fencing is an ideal sport for all ages, body types, and dispositions. It promotes balance, coordination, and quick reflexes and develops tactical thinking and analytical observation. It's also one of the safest sports to play, with a very low incidence of injury. More importantly, it's a ton of fun! Join us in January and check it out. UMass/others \$150.00 fee.

MWF 01:00PM-03:00PM

RCC GYM

CCR = Co-curricular course; CQR = Co-requisite course; DR = Satisfies Division I distribution requirements; FY = First Year Students Only; PR = Prerequisites required; IP= Instructor Permission required