

## Tackling a legal issue and don't know where to start?

You're not alone. When you find yourself in need of some legal support, it can be hard to know where to start or who to trust. Your Employee Assistance Program (EAP) can help by giving you and your family members access to legal experts who can make things easier. Reach out any time for support with things like:

- Stolen identity
- · Conflict with a landlord
- Large purchases
- Name change
- Estate settlements

- Will preparation
- General disputes
- Navigating criminal law
- Buying a business
- Recovering from bankruptcy

This service specifically excludes disputes and actions between the employee and employer.

## Visit the Legal Resource Center

- 1. Visit eap.ndbh.com
- 2. Log in to EAP site using your company passcode
- 3. Click Legal
  Resource Center
  on the right

## Call the EAP support line and you'll get:

- Free, 30-min consultations: an attorney will guide you through your concerns and help you find solutions. They may suggest online tools and where to go for more information. The next time you have another legal question, you can call the support line again.
- Online tools: visit ndbh.com using your company passcode to download free tools such as the will builder, business agreements and many other legal documents. Hundreds of legal forms are also available online, making it easy to enter your own data and save for future use.
- **Emotional support:** when handling legal challenges feels like too much, schedule free counseling sessions with a professional. Talk it out to make working it out easier.
- **Referrals:** call the support line to find what you need. Start with the EAP when you need referrals for things like finding an attorney, completing a contract, getting out of bankruptcy and much more.

Use the attorneys you didn't even know you had, free of charge.

eap.ndbh.com 800-624-5544