

# + Dance and Movement Division II and III

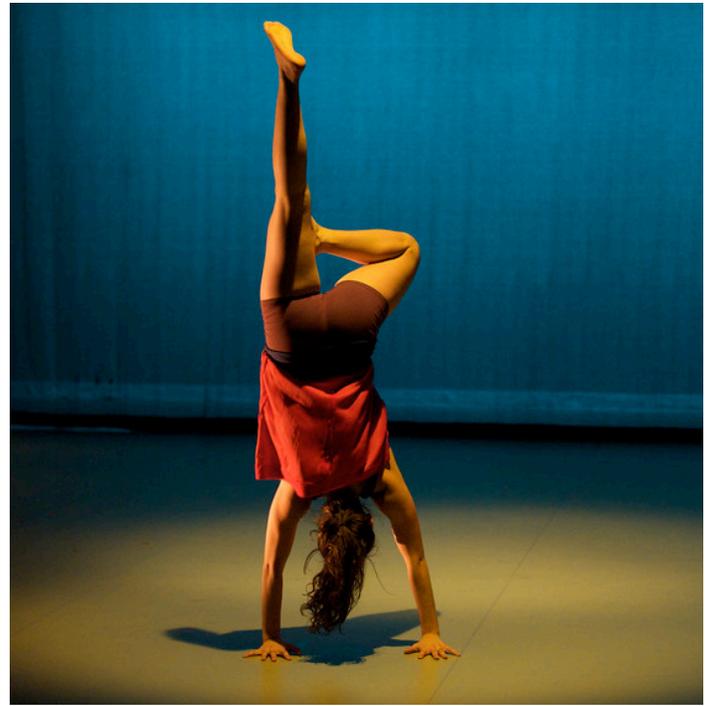


movement choreograph  
collaborate connect history  
production improvisation  
**dance** social action  
therapy technique expression  
anatomy education theory



# Dance Program Manifesto

The Dance Program welcomes students with a broad range of interests in dance, movement, and the body.



## WE...



Work in daily practice in the studio studying and exploring embodiment.

Compose, interpret, and analyze movement from the levels of the body, the human imagination, and diverse individual and cultural paradigms of belief, behavior, values, histories, and aesthetics.

Create dances, performances, movement scores, curricula and workshop proposals, and we research and write history, theory, and criticism engaging with a wide range of theoretical and cultural concerns.

Imagine a wide variety of ways dance and movement studies inform or contribute to such areas as other art disciplines, education, different populations, healthcare, and human development.

## Division II

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*The guidelines below represent courses dance students take over their four years of study. Most courses will be in the Division II, but some might be in Division I, and some will be in Division III.*

### Performance - Choreography Concentrations

### Interdisciplinary Division II's

#### **Dance Technique and Repertory:**

One or two technique/rep courses per term (most are half-courses), including different cultural forms.

#### **Creative Research and Dance Composition:**

3 courses

Making Dances 1 (or FCDD Elementary Comp), Intermediate Composition, Composition 3 (Embodied Imagination or other creative process classes are also recommended)

#### **Dance History / Culture / Theory:**

20<sup>th</sup> Century Dance History and Dance & Culture provide a core to more advanced studies.

An advanced course is required in Division 3.

#### **Movement Analysis, The Body, Music, Design:**

2-3 courses

*in FCDD:*

Laban Movement Analysis, Scientific Foundations of Dance, Somatics, Music for Dance

*In other programs/departments:*

Lighting design, costume design, production, plus courses in other arts

#### **Activities:**

Perform, choreograph, work backstage (minimum 2 crew assignments required), see dance in concert

Some students combine their interests in dance and movement with their other interests (e.g. video, psychology, theater, critical theory, feminist studies, anthropology, child development, physiology). These students should consult with their Division II committees early in their planning to create a concentration tailored to their interest. The following core courses are a good place to begin:

#### **Dance Techniques:**

Regular study, various styles

#### **Creative Research & Dance Composition:**

1-2 courses

Making Dances 1, Embodied Imagination, etc.

#### **Dance History / Culture / Theory:**

2 courses

#### **Movement Analysis, The Body, Music, and Design:**

1-2 courses

#### **Activities:**

Perform, choreograph, work backstage, see dance in concert

Watch for info on the new FCDD Dance Education Certification. Or consider the Five College Inc. certification in Culture, Health, and Science.

### Dance...Just for fun!

Some students choose not to incorporate dance into their Division II formally, but many students still take advantage of the Hampshire Dance Program and the Five College Dance Department. Students often still take technique classes, choreograph, perform and frequently have a dance professor as a third member of their committee.



## The Division II Portfolio

The final step in the Division II process is to compile a portfolio documenting the work completed. January Term before the last semester of Division II is a great time to compile this. It is recommended that a rough draft be given to the committee for initial feedback. This portfolio should include:

- Table of Contents
- Division II contract
- Faculty and Self evaluations (or grades for off-campus courses) for each course listed in the contract
- Retrospective Paper
- Documentation of how you engaged with the Multiple Cultural expectations questions, and a discussion of how this study informs / influences your Division II studies.
- Papers, projects, DVDs etc. from courses and independent work, organized coherently and with tabs/dividers. (These should be the papers that DO have the faculty comments on them, not fresh printed copies.)
- Community Service Evaluation
- Evidence of any additional learning activities, such as internships, summer or January Term workshops/projects and so on. Sometimes this includes a bibliography of independent reading, or of pivotal readings you want to pull together from your class readings, things that represent the evolution of your ideas.
- Lists of your **choreography**, **performing** and **crew-work**, with brief retrospective of what you did and what you learned in each case. (This is best done at the end of each project, and a paragraph or so is usually sufficient.
- **Concert Log:** a list of the dance concerts/performance you saw, with brief note about key highlights/questions/interests. We encourage you to also include art events of other media, lectures, and other sorts of events that inform/enrich your studies.

# Dance in Division III:

Bring it to life. Develop your voice, your vision.  
Pursue original research and creation.



## Division III Guidelines and Requirements

A student's Division III committee must approve all Division III projects and *Advanced Learning Activities*. This committee must consist of at least two Hampshire faculty members. A FCDD faculty member may serve as an additional member of the committee.

Division III students must complete two *Advanced Learning Activities*. At least one of these must be a 300 level class. For example, this class might be an advanced composition or dance history course.

The other *Advanced Learning Activity* may be a second advanced course, an independent study or a teaching activity. In addition, students continue to take technique classes, and often take other dance courses to complete their dance studies.

Students doing Division III's in choreography also must attend the FCDD Production Workshops held during the fall. All dance Division III students also participate in the Dance Division III seminar.

**The possibilities are endless...**

Here are just a few Dance Division III's:

*Everything I Need to Know I Learned in Circus*

*Oscillating Bodies: Division III Dance Improvisation Happening with Scores*

*Sustainable Bodies on Sustainable Farms; the moving body in an agricultural context*

*Puzzles: A study in Choreography*

*Meaning in Movement: The Psychological Benefits of Dance Therapy for Adolescent Addicts in Treatment*

*Process and Product: an Exploration of Dance Choreography and Multi-Media Performance*

*Ritual in Dance and the Making of Transformative Movement Experience(s)*

*An Education of the Movin' and Groovin' – Why We Should All Be Dancing*

*Spirit and Healing in Motion*

*Dance and Tradition: The Celebration of the Immaculate Conception in Concepcion, Peru*

*(Mis)Translations of the Tango in Contemporary Choreography*

*An adoptee's Choreographic Search for Belonging*

# + Dimensions in Dance and Movements Studies



## Technique, Repertory and Performance

This area lies at the heart of all the others. Technique includes study of diverse idioms and the physical, cultural, stylistic, musical and performance issues they embody. In Repertory students hone technical, performance and interpretative skill by learning dance from a variety of cultural and choreography styles. Performing in formal or informal concerts/venues sharpens focus and brings this study to life. Careers in: performance, choreography, teaching and many of the careers noted in

### Courses and Activities in this Area:

All technique courses, in a range of idioms/levels; *Floor Barre*; *Scientific Foundations of Dance 1 and 2*; *Mindful Body*; *Yoga for Dancers*; *Repertory and Performance*; performing in FCDD concerts

### Other Relevant Courses:

Dance history, composition, and production

### Relevant Courses in Other Departments:

Performance, history and theory courses in other arts, especially theatre and music, anatomy/kinesiology, exercise sciences, Pilates, martial art forms

## Choreography and Creative Studies

Here students learn to imagine, craft and critique choreography/performance events. They study improvisation, composition, choreography, criticism and the creative practices of other arts. They question who dances, and what themes, aesthetic forms, traditions, sites, and other media the dances involve. This Area requires familiarity with music, set, costume and lighting design. It explores rehearsal processes, performance coaching and collaboration with performers, designers and production crews. Careers in: choreography, teaching in schools or studios, community-based performance, web-design/choreography for the camera, dance videography/filmmaking, movement analysis, and dance notation/reconstruction.

### Courses and Activities in this Area:

Dance composition courses, beginning through advanced; *Performance Project*; *Rhythmic Analysis*; *Laban Movement Analysis*; *Choreography for the Camera*; *Body and Film* choreographing for performances

### Other Relevant Courses:

Dance techniques in various styles; repertory, dance history, production; *Dance and Culture*; *Embodied Imagination*

### Relevant Courses in Other Departments:

Performance, history and theory courses in other arts, especially theatre and music, anatomy/kinesiology, exercise sciences, Pilates, martial art forms

### A Note About Performances...

Students focusing in either of these two areas may decide to culminate their Division III in a performance. The dates for these performances are set during the previous year when students are finishing their Division IIs. There is space for two Division III productions per year which means the Division III concerts are typically shared.

### To do a Division III in any of the above topics...

Students must complete a Division II in dance that emphasized choreography and performance. The Division II must have included at least the following:

1. The Core Courses (see Division II) or at least one Dance Comp and one Dance History class
2. Experience performing in dance concerts
3. Choreographing at least one dance produced and performed in concert.
4. Work backstage (minimum 2 crew assignments required), preferably 2 different

# + Dimensions in Dance and Movements Studies

(Continued)

## Dance Studies: History, Culture and Aesthetics

This Area explores the historical, cultural, anthropological and philosophical dimensions of dance, drawing on such disciplines as performance studies and cultural theory to interpret the meaning of dance practices from diverse contemporary perspective. Courses develop skills in reading, writing and speaking about dance and the experience of watching dance, in descriptive, ethnographic, analytical, and critical ways. Students analyze and contextualize choreographic traditions in a variety of performance areas, from sacred and social space to the concert stage. Careers in: teaching, publishing, journalism, dance scholarship and critical writing in the performance arts.

### Courses and Activities in this Area:

*Dance as an Art Form; Dance and Culture; Sixties Vanguard to Nineties Hip-Hop; Jazz Tap Dance in America; Black Traditions in American Dance; Nineteenth and Twentieth Century Dance History; Balanchine 100*

### Other Relevant Courses:

Dance technique and composition courses; *Rhythmic Analysis*

### Relevant Courses in Other Departments:

Anthropology, cultural studies, performance studies, history, music, theatre, visual arts

## Dance Science, Somatics and Art Therapies

This Area focuses on the human body, psyches and spirit in dance. It investigates the physical body and bodily ways of knowing and imagining. It includes studies of the physical body, applications of dance to psychological and social well being, and dance in ritual or contemplative practices. Careers in: physical therapy, dance kinesiology, injury prevention and rehabilitation, movement analysis, somatics disciplines (such as BodyMind Centering, Alexander, Feldenkrais), dance/movement or expressive arts therapy, arts in healthcare settings, designing dance rituals or ties of passage, yoga, Authentic Movement.

### Courses and Activities in this Area:

*Scientific Foundations 1 & 2; Mindful Boys; Laban Movement Analysis; Floor Barre; Yoga or Dancers; Contemplative Dance; Embodies Imagination; Dance and Culture; dance composition courses; interning with practitioners*

### Other Relevant Courses:

All levels, styles and idioms of dance technique; Jan Term courses in Alexander Technique, Pilates, and other body therapies

### Relevant Courses in Other Departments:

Anatomy, physiology, kinesiology, exercise, science, motor learning, nutrition, psychology, religion, anthropology, courses on the body in culture

## Dance Education and Community Outreach

Pedagogy, performance and people come together here. Our education courses focus on methods and materials of teaching dance in schools, studios and community centers, and ways to use dance to teach other subjects in these settings. In Community Outreach students brings dance into the community in performances, lectures-demonstrations, workshops or interactive activities. Students develop skills working with different populations, stud the histories, environments and issues of various settings, and accommodate diverse dance styles. This Area provides services and linkage to off-campus communities, internship opportunities, and familiarity with the many functions dance fulfills in society. Careers in: education (dance teacher studios or schools, Artist in the Schools specialist, or K-12 teacher uses movement as a teaching strategy), and community development/activism.



### Courses and Activities in this Area:

*Ballet Pedagogy; Rhythmic Analysis; University Dancers; Scientific Principles in the Teaching of Dance; Dance in the Schools; Dance and Culture; Mindful Body; Contemplative Dance; doing a teaching practicum, teaching a dance class, interning with a community arts organization*

### Other Relevant Courses:

Dance technique, composition, *Laban Movement Analysis*

### Relevant Courses in Other Departments:

Theatre (*Movement for Actors, Creative Dramatics of Children*); education (*Child Development; Specials Needs and Individual Differences, Curriculum Development*); psychology, sociology, anthropology, Asian studies, African studies, American studies, Latin American Studies

# + Dimensions in Dance and Movements Studies

(Continued)

## Dance and Technology

The FCDD is in the forefront of this rapidly emerging field with new courses and active connections to the Five College Film, Video and Digital Arts programs. The intersection of live performance and digital technologies creates new possibilities and fusions in dance performance, including dance and video/film, choreography for the camera, interactive video and performance on stage and on the Internet. The Area challenges and transforms the ways students read the moving image beyond its most popular forms, and it creates important dialogues among the languages of dance, film/video and digital technologies. Careers in: film/video editing/directing/producing, choreography, animation or sound design, web design and interactive technologies.

### Courses and Activities in this Area:

*Video and Performance; Choreography and the Camera; Fleeting Images; Choreography on Film; Dance and Technology; Body and Film; Experiments in Collaboration; creating dance-films/videos and other new media and multi-media projects*

### Other Relevant Courses:

Improvisation, composition, choreography

### Relevant Courses in Other Departments:

The Five College Film and Video Council publishes an extensive listing of film and video courses taught in the five colleges. Also, many film/video festivals are offered through these departments and off-campus organizations.



## Design, Production and Management

The design and production aspects of performance includes lighting, set, costume and sound design; production, stage management, arts management, grant-writing, box office management, publicity, and website design. In addition to course work, students have ample opportunities to develop skills through hands-on work on crews and production teams in a range of performance venues from large theaters to small black box studio-theaters. Careers in: any of the above fields.

### Courses and Activities in this Area:

*Dance Production, Materials of Theatre, Lighting Design, serving as light/costume/sound/set designer or crewmember for dance productions*

### Other Relevant Courses:

Dance history, dance and technology, technique, composition

### Relevant Courses in Other Departments:

Lighting, set and costume design; arts management; studio arts; computer graphics; photography; music composition; theatre directing

## Don't forget!

**While students may not formally incorporate dance into their Division III, many still take technique classes, choreograph and perform!**